



Melatonin 3mg

Gradual Release Over 8 Hours

Promotes Restful Sleep*

DIETARY SUPPLEMENT
60 Vegetarian Capsules

GLUTEN FREE



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	% Daily Value
Melatonin (Gradual Release)	3 mg †

† Daily Value not established.

Other Ingredients: sugar spheres, vegetable cellulose (capsule), magnesium silicate, pharmaceutical glaze

FREE OF: milk, egg, peanuts, soybeans, tree nuts, wheat, yeast, gluten, rice, and artificial sweeteners, flavors, colors, and preservatives.

SUGGESTED USE: Take 1 vegetarian capsule before bedtime as a dietary supplement or as directed by a qualified health care professional.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place and avoid excessive heat.

CAUTION: If you are pregnant, nursing, or taking any medications, consult your doctor before use. Discontinue use and consult doctor if any adverse reactions occur.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROD. NO. P1056-60

To refill please contact your practitioner or call 1-877-723-0777
or visit www.patientoneformulas.com

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