



For over a decade **ReNew Life** has been helping millions of people live healthier lives through better digestion and nutrition. Founded by best-selling author and PBS mainstay Brenda Watson after her own battle with poor health, it is now the leading cleansing and digestive care company in America. Brenda's passion and dedication have been instrumental in developing a complete line of premium herbal cleansing formulas and nutritional supplements for every need.



Free Personal Cleansing & Detox Coach 1-800-830-1800

If you have any questions as you begin your cleansing and detoxification journey, call us for additional guidance and expert information.

For Ideal Results, We Recommend:

During this Cleansing Program		OI SMART
Next Recommended Cleanse		Liver Detox
Maintenance After Cleansing	  	Fiber SMART OI SMART Ultimate Flora 50 Billion

The ingredients in **Total Body Cleanse** support the 7 channels of elimination.* They are the organs and organ systems designed to filter and eliminate toxins from the body.

- 1. Liver:** Milk thistle, dandelion root, garlic, blessed thistle, fenugreek, turmeric, yellow dock, burdock
- 2. Lungs:** Mullein, garlic, oregano, turmeric, fenugreek
- 3. Lymphatic system:** Echinacea
- 4. Kidneys:** Dandelion leaf, nettle, parsley, blessed thistle
- 5. Skin:** Yellow dock, oat straw, burdock, dandelion root
- 6. Blood:** Kelp, burdock, turmeric, yellow dock
- 7. Bowel:** Rhubarb, marshmallow, slippery elm, oat bran, flax, acacia fiber, fennel

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Total Body CLEANSE

3-Part Program

- 1** Detoxify with Total Body Herbal Cleanse - 28 capsules
- 2** Capture with Total Body Fiber Blend - 84 capsules
- 3** Eliminate with Total Body Colon Cleanse - 28 capsules

Complete 14-Day Internal Cleanse

Gentle and Effective ◀
Organic Ingredients ◀

For those with Daily Elimination ◀

SAME GREAT FORMULA



RENEW LIFE
The Digestive Care Company

Dietary Supplement

Total Body Herbal Cleanse 1

Supplement Facts

Serving Size: 2 Capsules Servings per Container: 14

	Amount per Serving	%DV**
Detoxify Blend		
made with organic herbs:	970 mg	***
Burdock root (organic)	***	***
Dandelion root (organic)	***	***
Garlic bulb (organic)	***	***
Milk Thistle seed (organic)	***	***
Dandelion leaf (organic)	***	***
Blessed Thistle leaf (organic)	***	***
Echinacea Angustifolia herb (organic)	***	***
Fenugreek seed (organic)	***	***
Kelp (organic)	***	***
Mullein leaf (organic)	***	***
Nettle leaf (organic)	***	***
Oat straw (organic)	***	***
Oregano leaf (organic)	***	***
Parsley leaf (organic)	***	***
Turmeric root (organic)	***	***
Yellow Dock root (organic)	***	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable starch and water)

Directions: Take 2 capsules each morning on an empty stomach. Please read accompanying literature.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel.

These products contain no yeast, wheat, soy, salt, sugar, dairy, animal products, binders, fillers or artificial ingredients

Quality and Purity Guaranteed
Distributed by: ReNew Life Formulas®
Palm Harbor, FL 34683

Questions? Call: 1-800-830-1800
Email: support@renewlife.com
or visit our website at www.renewlife.com
Store in a dry place at 59-86° F (15-30° C).
Manufactured in a GMP and Kosher facility
Certified Organic by Washington State Department of Agriculture



Total Body Fiber Blend 2

Supplement Facts

Serving Size: 6 Capsules Servings per Container: 14

	Amount per Serving	%DV**
Calories	16	
Calories from fat	0	
Total Fat	0 g	
Total Carbohydrate	4 g	<2%
Dietary Fiber	4 g	16%
Soluble Fiber	0.6 g	***
Insoluble Fiber	3.4 g	***
Triple Fiber Blend	4,300 mg	***
Organic Oat Bran	***	***
Organic Flaxseed	***	***
Organic Acacia Fiber	***	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable starch and water)

Directions: Take 3 capsules in the morning with 8 ounces of water and 3 capsules in the evening with 8 ounces of water. Or, take 6 capsules in the evening with 8 ounces of water. May decrease to taking 3 capsules daily if bowel elimination is sluggish. Drink plenty of water while using this product.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel.

Total Body Colon Cleanse 3

Supplement Facts

Serving Size: 2 Capsules Servings per Container: 14

	Amount per Serving	%DV**
Eliminate Blend		
made with organic herbs:	1,000 mg	***
Rhubarb root (organic)	***	***
Fennel seed (organic)	***	***
Marshmallow root (organic)	***	***
Slippery Elm bark (organic)	***	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable starch and water)

Directions: Take 2 capsules each night with 8 ounces of water. Please read accompanying literature.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Do not use if you have intestinal blockage. **Notice:** This product contains rhubarb. **DO NOT USE IF YOU HAVE OR DEVELOP ABDOMINAL PAIN, DIARRHEA OR LOOSE STOOLS.** Read and follow directions carefully.