

The Whole-Food Prenatal Multi GOLD™ Advantage

- **No Synthetics:** Whole-food + cultured multivitamin and multimineral supplement with absolutely NO synthetic vitamin isolates
- **Organic Whole-food + Cultured:** Synergistically formulated with organic whole-food nutrients concentrated from fruits, vegetables, and herbs, and ActivFood™ nutrients complexed in a nutritional yeast matrix
- **Gentle on the Stomach:** Can be taken with or without food
- **No Unpleasant Aftertaste:** Nourish your body without any of the metallic aftertaste associated with consuming synthetic vitamin supplements
- **Complete Nutrition:** Each serving delivers 100% or more of the daily values of 19 essential vitamins and minerals for complete head-to-toe protection
- **Optimal Health:** Rich source of Iron and Folate to support a healthy pregnancy and fetal development*
- **Purity and Potency:** Verified by independent, third-party labs
- **Perfection:** Manufactured to stringent cGMP standards without the use of GMOs, additives, fillers, binders, artificial ingredients, preservatives, Stearates, Laurates, Sulfates, or Dioxides

Suggested Use: As a dietary supplement, adults take four (4) vegetarian capsules daily with or without food, or as directed by a healthcare professional.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Please keep the product out of reach of children to minimize risk of accidental overdose. In case of accidental overdose, please call a doctor or poison control center immediately.

Caution: Please consult your healthcare provider before taking this supplement if you are pregnant, breastfeeding, and/or currently taking any OTC or prescription medications for a health condition. Store in a cool, dry place. Keep out of the reach of children.

The organic vitamins and minerals in this product are certified organic by Oregon Tilth.
Distributed By: NutriGold® Inc, Orem, UT 84057, USA. Lot #1308154C
(800) 476-3542 • www.nutrigold.com Best By: Feb 2017



WHOLE-FOOD PRENATAL MULTI GOLD™

Multivitamin + Multimineral Supplement to Support a Healthy Pregnancy

0% Synthetic Isolates

100% Whole-Food + Cultured Vitamins and Minerals



120

Vegetarian
Capsules

Supplement Facts

Serving Size: 4 Vegetarian Capsules

Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin A (100% Natural from Red Palm Oil)	5,000 IU	100%
Vitamin C (100% Organic)	60 mg	100%
Vitamin D3 (100% ActivFood™)	1,000 IU	250%
Vitamin E (100% Organic [†] as d-alpha Tocopherol)	30 IU	100%
Vitamin K2 (100% ActivFood™ as MK-7)	100 mcg	125%
Vitamin B1 (100% Organic [†] as Thiamin)	6 mg	350%
Vitamin B2 (100% Organic [†] as Riboflavin)	6 mg	300%
Niacin (24% Organic [†] , 76% ActivFood™)	20 mg	100%
Vitamin B6 (100% Organic [†] as Pyridoxine)	13 mg	500%
Vitamin B9 (100% Organic [†] as Folate)	1,000 mcg	250%
Vitamin B12 (100% ActivFood™)	100 mcg	1,250%
Biotin (8% Organic [†] , 92% ActivFood™)	300 mcg	100%
Vitamin B5 (100% Organic [†] as Pantothenic Acid)	15 mg	150%
Iron (50% Organic [†] , 50% ActivFood™)	18 mg	100%
Iodine (100% ActivFood™)	300 mcg	200%
Magnesium (100% ActivFood™)	80 mg	20%
Zinc (12% Organic [†] , 88% ActivFood™)	15 mg	100%
Selenium (25% Organic [†] , 75% ActivFood™)	70 mcg	100%
Copper (38% Organic [†] , 62% ActivFood™)	1 mg	50%
Manganese (25% Organic [†] , 75% ActivFood™)	2 mg	100%
Chromium (100% ActivFood™ as GTF)	120 mcg	100%
Molybdenum (100% ActivFood™)	60 mcg	80%
Choline (100% ActivFood™)	15 mg	↑
PABA (100% ActivFood™)	10 mg	↑
Inositol (100% ActivFood™)	15 mg	↑
Vanadium (100% ActivFood™)	25 mcg	↑

Amount Per Serving

‡ Organic Whole-Food Blend 700 mg[†]
Organic Ginger Extract (root), Organic
Annatto Extract (aerial parts), Organic
Sesbania Extract (leaf & aerial parts),
Organic Guava Extract (fruit), Organic Holy
Basil Extract (leaf & aerial parts), Organic
Lemon Extract (fruit peel), Organic Curry Leaf
Extract (leaf) and Organic Amla Extract (fruit).

‡ Whole-Food nutrients concentrated from
100% certified organic fruits, herbs, and
vegetables using a patent-pending process.
-ActivFood™ nutrients cultured in a proprietary
matrix comprised of nutritional yeast,
probiotics, bioactive enzymes, glycoproteins,
lipoproteins, Chlorophyll, Glucosamin,
SOD, Glutathione, B-Glucans, Lipic Acid,
essential trace minerals, and CoQ10 for
superior bioavailability.

*Percent Daily Values based on 2,000 calorie diet
†Daily Values not established

Other Ingredients: Vegetarian Capsule
(Non-GMO Plant Cellulose).

FREE OF egg, gluten, milk, peanut, shellfish,
and soy allergen.

Does NOT contain added GMOs, fillers,
binders, artificial ingredients, preservatives,
Stearates, Laurates, Sulfates, or Dioxides.

Profile of Other Naturally-Occurring Nutrients:
Organic Mixed Carotenoids 250 IU
Organic Bioflavonoids 8 mg

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

0034-140910