

Suggested Usage: Take 1 capsule 1 to 2 times daily, preferably with food.

NOW® Ascorbyl Palmitate is a highly stable form of Ascorbic Acid, or Vitamin C. Ascorbyl Palmitate is soluble in both water and lipid, and this dual solubility allows it to be incorporated into cell membranes where it helps to protect them from oxidative damage.* While it possesses all of the antioxidant properties of Vitamin C, it can also more easily penetrate the blood-brain barrier, facilitating the extension of its antioxidant protection to the brain and nervous system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Ascorbyl Palmitate may increase iron bioavailability. Consult physician if pregnant/nursing, taking medication, or have a medical condition (especially an iron storage disorder). Keep out of reach of children. Do Not Eat Freshness Packet. Keep in Bottle.

CODE 0608 V4



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CAPSULE SIZE



Ascorbyl Palmitate

500 mg

Antioxidant Protection*

Esterified Vitamin C

100 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin C (from Ascorbyl Palmitate)	200 mg	333%
Ascorbyl Palmitate	500 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour, Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

