



Brenda Watson, C.N.C.

For over a decade **ReNew Life** has been helping millions of people live healthier lives through better digestion and nutrition. Founded by best-selling author and PBS mainstay Brenda Watson after her own battle with poor health, it is now the leading cleansing and digestive care company in America. Brenda's passion and dedication have been instrumental in developing a complete line of premium herbal cleansing formulas and nutritional supplements for every need.



**Free Personal
Cleansing & Detox
Advisor**
1-800-830-1800

If you have any questions as you begin your cleansing and detoxification journey, call us for additional guidance and expert information.

Quality and Purity Guaranteed
Distributed by: ReNew Life Formulas®
Palm Harbor, FL 34683

Questions? Call: 1-800-830-1800
Email: support@renewlife.com
or visit our website at: www.renewlife.com
Manufactured in a GMP and Kosher facility



HEAVY METAL CLEANSE™

Supports Healthy Detoxification of Heavy Metals*
30-Day Program

Promotes Heavy Metal Capture and Removal* ◀

Replenishes Beneficial Nutrients* ◀

Gluten-Free
Dietary Supplement
HMC1 - 60 Vegetable Capsules
HMC2 - 60 Vegetable Capsules

RENEW LIFE®
The Digestive Care Company

Suggested Use of Heavy Metal Cleanse™: For the first 3 days, take 1 capsule of **Heavy Metal Cleanse 1** in the morning and 1 capsule of **Heavy Metal Cleanse 2** at night. After 3 days, increase to 2 capsules each.

Heavy Metal Cleanse 1

Morning Formula

Supplement Facts

Serving Size: 2 Capsules	Servings per Container: 30
Amount per Serving	%DV**
Vitamin C (Ascorbic Acid)	500 mg 833%
Thiamine (as Thiamine Hydrochloride)	25 mg 1,666%
Riboflavin	25 mg 1,471%
Niacin (Nicotinamide)	25 mg 125%
Vitamin B-6 (Pyridoxine HCl)	25 mg 1,250%
Folic Acid	400 mcg 100%
Vitamin B-12 (Cyanocobalamin)	100 mcg 1,666%
Biotin	300 mcg 100%
Pantothenic Acid (Calcium Pantothenate)	25 mcg 250%
Calcium (Calcium Ascorbate)	50 mg 5%
Magnesium (Magnesium Aspartate)	100 mg 25%
Zinc (Zinc Gluconate)	15 mg 100%
Selenium (Selenium Amino Acid Chelate/Cyanocobalamin)	200 mcg 285%
Copper (Copper Gluconate)	2 mg 100%
Manganese (Manganese Gluconate)	8 mg 400%
Chromium (Chromium Picolinate)	100 mcg 83%
Molybdenum (Molybdenum Gluconate)	50 mcg 86%
Boron (Boron Gluconate)	100 mcg ***
Vanadium (Vanadium Gluconate)	50 mcg ***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established.

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: For the first 3 days, take 1 capsule each day first thing in the morning with food. After 3 days, take 2 capsules each day first thing in the morning with food. Please read accompanying literature.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Heavy Metal Cleanse 2

Evening Formula

Supplement Facts

Serving Size: 2 Capsules	Servings per Container: 30
Amount per Serving	%DV**
Proprietary Blend	750 mg ***
Chlorella (Chlorella salina)	***
Cilantro leaf	***
Sodium Alginate (Laminaria lemaneiformis)	***
Spirulina	***
Bladderwrack	***
Garlic bulb (100 ppm allicin)	***
Kelp	***
L-Leucine	50 mg ***
NAC (N-Acetyl Cysteine)	50 mg ***
Alpha Lipoic Acid	20 mg ***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established.

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: For the first 3 days, take 1 capsule each day in the evening on an empty stomach. After 3 days, take 2 capsules each day in the evening on an empty stomach. Please read accompanying literature.

For Both Bottles:

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Not for prolonged use. **Notice:** Do not use if you have hyperthyroidism. Discontinue use if adverse effects occur.

KEEP OUT OF REACH OF CHILDREN.

Contains no yeast, wheat, soy, gluten, salt, sugar, dairy, animal products, binders, fillers or artificial ingredients.

Store in a dry place at 59-86°F (15-30°C).

For Ideal Results, We Recommend:

Prior to this Detox Program	First Cleanse™	(or)	CleanseSMART™	Liver Detox™
During this Detox Program	Organic Clear Fiber™	Ultimate Flora 50 Billion™	CleanseMORE™ (if constipated)	
Maintenance After Detox Program	Daily Multi-Detox™	FiberSMART™		

Heavy Metal Cleanse combines natural chelating agents and antioxidants to assist the body with the removal of heavy metals.* The binding nature of the chelation process results in the possibility that some vitamins and minerals may be removed from the body as well, so this formula helps to replace those important nutrients.*

Chelating Herbs: Bladderwrack, Chlorella, Cilantro, Garlic, Kelp, Sodium Alginate, Spirulina

Vitamins: Vitamin B1 (Thiamine), Vitamin B2 (Riboflavin), Vitamin B3 (Niacin), Vitamin B5 (Pantothenic Acid), Vitamin B-6 (Pyridoxine), Vitamin B-12, Biotin, Vitamin C, Folic Acid

Minerals: Calcium, Chromium, Copper, Magnesium, Manganese, Molybdenum, Selenium, Vanadium, Zinc

Antioxidants: Alpha Lipoic Acid, L-Leucine, NAC

This is a Non-Laxative Formula