

THIS FORMULA IS “ALIVE”

Directions: Adults take one (1) or two (2) tablets daily. No need to take with food - it is food! As a reminder, discuss the supplements and medications that you take with your health care providers.

Other Ingredients: Organic gum acacia, organic chlorella, organic maltodextrin, organic soy fiber, and silica.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: GMOs, wheat, gluten, sugar, preservatives, artificial color, artificial flavor or artificial sweeteners. Contains milk.

Vegetarian

Do not accept if seal is broken. Store between 59°-86° F.

Keep out of the reach of children.

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FruiteX-B. glycoberry ACTIVAlloe

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Realfood Organics Your Daily Nutrition is a unique new multivitamin made from over 50 raw organic fruits and vegetables. In order to keep this real food as close to its natural state as possible, Country Life uses a proprietary process called Cryo-Active State™, which uses fermentation combined with freeze-drying with live probiotic cultures to ensure vital nutrients are retained. The tablets are packaged in an amber glass bottle to protect them from heat and light.

Our **Your Daily Nutrition** multivitamin offers more than a vitamin and mineral formula. It also includes enzymes, phytonutrients, and glyconutrients that may:

- increase energy
- support bone strength
- support proper immune health
- support digestive health
- increase the activity of the body's internal antioxidant system**

In addition, **Realfood Organics Your Daily Nutrition** offers one serving of fruits and vegetables to help you in your quest to eat five-10 servings each day.

For more information, please visit us online at www.realfoodorganics.com



Dietary Supplement

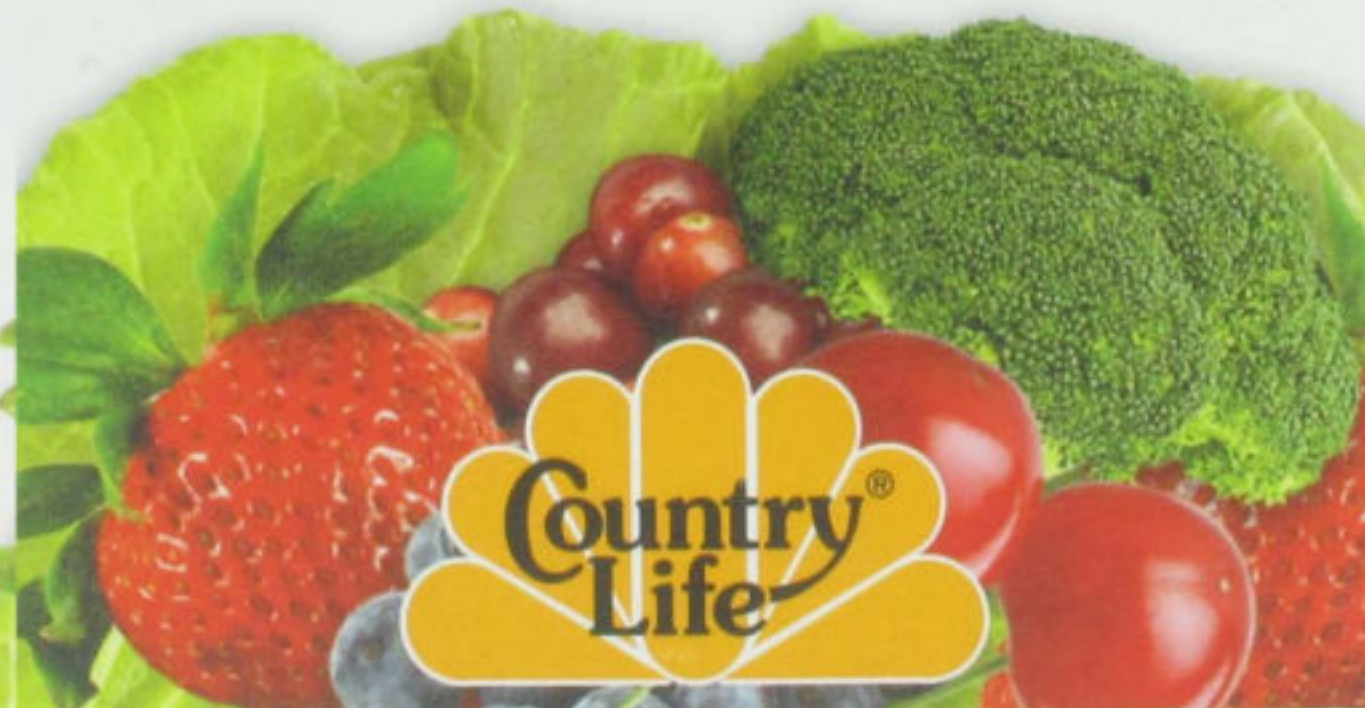
Realfood
organics™

YOUR
DAILY NUTRITION™

a multivitamin made
with raw fruits & vegetables

Supports:

- Energy
- Bone Strength
- Immune Health
- Digestive Health
- Enhanced Absorption & More!**



60 Easy-To-Swallow Tablets

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Vericell Testing

You may wonder how one multivitamin can offer so much support. Our **Realfood Organics Your Daily Nutrition** has been clinically formulated using Vericell™ technology. Vericell™ testing is a clinical method that illustrates the effect that particular foods have on biological processes of the body. Certain blood markers (enzymes) and their activity have been identified as tools to monitor health benefits received from certain foods.

Enhanced Absorption

Because the nutrients in this multivitamin come from food and remain food, they are easier for our bodies to absorb and utilize. We have also included organic Aloe Vera (ACTIVAlloe™) to help enhance absorption and to support digestive health.

A Partner for Calcium

Calcium is a large mineral and is often quite difficult to place at a therapeutic level in a multivitamin—particularly in a supplement sourced from real food. That's why **Realfood Organics Your Daily Nutrition** also provides Calcium Fructoborate (FruiteX B®). This is a mineral complex naturally found in fruits and vegetables and has been clinically proven to increase Vitamin D3 levels, support bone strength, and increase energy levels.

Added Immune Support

This formula includes Glycoberry® 8, which is a complex of eight glyconutrients found in fruits and vegetables, and is required for our cells to communicate properly. If this communication fails, the immune system may fail to do its job. Glycoberry® 8 is added to adequately replenish the body's needs.**

† Based on antioxidant (ORAC) equivalents

A TABLET THAT IS
GENTLE ON THE
STOMACH AND
EASY TO SWALLOW

ACTUAL SIZE



Supplement Facts

Amount Per Serving	1 tablet provides/% Daily Value	2 tablets provide/% Daily Value
Vitamin A (as mixed carotenoids)	1000 I.U. 20%	2000 I.U. 40%
Vitamin C (from proprietary blend of organic acerola, organic Amla, Cryo-Active State™)	60 mg 100%	120 mg 200%
Vitamin D (D3) (as cholecalciferol)	200 I.U. 50%	400 I.U. 100%
Vitamin E (as d-alpha tocopheryl succinate)	25 I.U. 83%	50 I.U. 167%
Thiamin (Vitamin B-1) (Cryo-Active State™)	2 mg 133%	4 mg 267%
Riboflavin (Vitamin B-2) (Cryo-Active State™)	3 mg 176%	6 mg 353%
Niacin (Cryo-Active State™)	9 mg 45%	18 mg 90%
Vitamin B-6 (Cryo-Active State™) 8 mg	400% 16 mg	800%
Folic Acid (Cryo-Active State™)	50 mcg 13%	100 mcg 25%
Vitamin B-12 (Cryo-Active State™)	29 mcg 483%	58 mcg 967%
Biotin (as d-Biotin) (Cryo-Active State™)	12 mcg 4%	24 mcg 8%
Pantothenic Acid (Cryo-Active State™)	2 mg 20%	4 mg 40%
Calcium (Cryo-Active State™, calcium fructoborate)	5 mg 1%	10 mg 1%
Iron (Cryo-Active State™)	0.1 mg 1%	0.2 mg 1%
Phosphorus (Cryo-Active State™)	3 mg <1%	6 mg 1%
Magnesium (Cryo-Active State™)	1 mg <1%	2 mg 1%
Zinc (Cryo-Active State™)	0.17 mg 1%	0.34 mg 2%
Selenium (Cryo-Active State™)	0.7 mcg 1%	1.4 mcg 2%
Chromium (Cryo-Active State™)	1 mcg 1%	2 mcg 2%
Sodium (Cryo-Active State™)	2 mg <1%	4 mg <1%
Potassium (Cryo-Active State™)	7 mg <1%	14 mg <1%
Cryo-Active Blend™ providing:	550 mg	* 1,100 mg *

Fermented Organic Food Blend (organic AD kale, organic DD pumpkin, organic cranberry, organic collard greens, organic spirulina, organic chlorella, organic spinach, organic açai, organic blackberry, organic blueberry, organic raspberry, organic tart cherry, organic strawberry, organic adzuki beans, organic beet powder, organic ginger, organic red lentil beans, organic quinoa, organic daikon radish sprouts, organic red radish sprout seeds, organic broccoli sprouts)

Fermented Organic Greens with Organic Sprout Blend (organic fermented kale, organic fermented collard greens, organic fermented broccoli, organic fermented chlorella, organic fermented spinach, organic spirulina, organic broccoli sprouts, organic watercress sprouts, organic kale sprouts, organic mustard sprouts, organic cabbage sprouts)

Proprietary Blend providing:

Organic Aloe Vera (ACTIVAlloe™)
Glyconutrient Complex (Glycoberry® 8)(as galactose, fucose, xylose, glucose, mannose, N-acetyl glucosamine, N-acetyl galactosamine, N-acetyl neuraminic acid)
Calcium fructoborate (FruiteX B®)

* Daily Value not established.