

If you're serious about performance and results,  
you need the ALL-NEW MuscleTech® Performance Series!

- NO Proprietary Blends
- NO Underdosed Key Ingredients
- NO Banned Substances (WADA)
- NO Fillers
- NO Hype
- NO Exceptions

Just the Most Powerful Formulas Available

### Stim-Free Pre-Workout Amplifier

PUSH10™ is a next-generation strength and performance supplement that works immediately to help you perform your best during your toughest workouts or sport-specific training programs. PUSH10™ is unlike anything you have ever tried – it represents a new scientific development in the creation of an advanced muscle-performance formula that delivers incredible strength gains on your very first dose.<sup>1</sup>

#### • Immediate 10.5% Increase in Strength<sup>1</sup>

In a human study conducted at the University of Florida, subjects experienced first-dose strength gains (increased total work performance) at 0, 5, and 15 minutes when they took the GAKIC<sup>®</sup> supplement, a core component in PUSH10™ versus using a placebo by 12, 9, and 11 percent, respectively – an average strength increase of 10.5%!<sup>1</sup>

#### • Increase Muscle Endurance by 21%

In the same study, subjects also improved fatigue resistance, increasing muscle performance (force) at 0, 5, and 15 minutes by 20%, 21%, and 14% more than when subjects used a placebo – an incredible average increase of 21%!<sup>1</sup>

Researchers suggest that one of the mechanisms likely responsible for the performance-enhancing effects of the GAKIC<sup>®</sup> supplement in PUSH10™ is the removal of the fatigue-inducing waste product ammonia, which generally limits muscular power output. By increasing ammonia removal, athletes can perform more muscle work.<sup>2,3</sup>

#### • Scientifically Researched Beta-Alanine

A 3200mg dose of beta-alanine, also has been added to the PUSH10™ formula. Beta-alanine has been extensively studied and shown to increase training performance.<sup>4</sup> Most other pre-workout formulas deliver a questionable dose of this ingredient hidden in a proprietary blend.<sup>4</sup>

#### • Superior Non-Stimulant-Based Pre-Workout Amplifier

For anyone that wants to push their performance to the max without creatine or stimulants, PUSH10™ is an advanced strength- and endurance-enhancing product that works on your very first dose.<sup>1</sup> PUSH10™ can also be virtually stacked with any other product in your supplement arsenal, making it the ultimate pre-workout formula.

#### • Best-in-Class Taste

PUSH10™ was flavored by one of the world's top flavoring houses by flavoring experts in order to taste better than any other pre-workout on the market.

#### • Get More for Your Money

Unlike the competition, Performance Series products contain superior key ingredients in clinically dosed amounts that are fully disclosed so you know exactly what you are paying for.



**NEW**



PERFORMANCE SERIES



# PUSH10™

STIM-FREE PRE-WORKOUT AMPLIFIER

**11.2g**  
GAKIC<sup>®</sup>

1 Based on 3200mg

IMMEDIATE  
10.5% INCREASE  
IN STRENGTH<sup>1</sup>

**3.2g**  
Beta-Alanine<sup>4</sup>

SHOWN TO  
SIGNIFICANTLY IMPROVE  
TRAINING PERFORMANCE<sup>1</sup>

**FRUIT PUNCH**

NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 1.1 LBS. (487g)

**ZERO**  
STIMULANTS  
CREATINE  
BANNED  
SUBSTANCES

### Supplement Facts

Serving Size: 1/2 Scoop (15g)

Servings Per Container: Approx. 32

Amount Per	1/2 scoop	% Daily Value	1 scoop	% Daily Value
Calories	50		100	
Total Carbohydrates	7g	2%	14g	5%
Sugars	0g	†	0g	†
Calcium	210mg	21%	420mg	42%
Sodium	70mg	3%	140mg	6%
<b>GAKIC<sup>®</sup></b>	<b>5.6g</b>	<b>†</b>	<b>11.2g</b>	<b>†</b>
Arginine (as arginine-HCl) (5g)				
β-Alanine (as β-Alanine) (1.6g)				
Whey Protein	4.4g	†	8.8g	†
Beta-Alanine (as CarnoSyn <sup>®</sup> )	1.6g	†	3.2g	†

†Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

**OTHER INGREDIENTS:** CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, MALIC ACID, SUCRALOSE, SODIUM CITRATE, SALT, CALCIUM SILICATE, ACESULFAME-POTASSIUM, FD&C RED NO. 40, PROCESSED IN A FACILITY THAT PROCESSES MILK, WHEAT, EGG, SOY, AND PEANUT INGREDIENTS.

**DIRECTIONS:** Mix 1 serving (1/2 scoop) with 8 oz. of cold water 45 minutes before your workout. For full effects, mix 2 servings (1 scoop) with 16 oz. of cold water. Read the entire label before use and follow directions provided.

PUSH10™ is manufactured according to cGMP standards, as is required for all dietary supplements.

Protected by U.S. patent #6,100,287. Licensed under one or more of U.S. patent numbers 5,965,596, 6,426,261, 7,504,376, and 6,067,381, each of which is owned by Natural Alternatives International Inc. (NAI). NAI is also the owner of the registered trademark CarnoSyn<sup>®</sup>. Distributed by Iovate Health Sciences U.S.A. Inc. 1105 North Market Street, Suite 1330, Wilmington, DE 19801. Made in the U.S.A. from domestic and international ingredients. © 2012. For lot no. and expiry date: see bottle.

**WARNING:** Not intended for use by persons under 18. Do not use if pregnant or nursing. Do not use if you have had a myocardial infarction (heart attack). Inhalation may amplify the inflammatory airway response in people with asthma. Discontinue use and consult a medical doctor if you experience unusual symptoms. Consult a medical doctor before use if you have been treated for, diagnosed with, or have a family history of any medical condition, or if you are using any prescription or over-the-counter drugs, including blood thinners. Consult a medical doctor before starting any diet or exercise program. Do not exceed recommended serving. Improper use of this product will not improve results and is not advised. Use only as directed. Do not refrigerate. Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F). KEEP OUT OF REACH OF CHILDREN.

▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



thenewmuscletech.com

Twitter @TeamMuscleTech  
Facebook.com/MuscleTech

840005 1112