



Sendara™ Plus

Menopause Support Formula*

DIETARY SUPPLEMENT
90 Vegetarian Capsules

GLUTEN FREE



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container 45

Amount Per Serving	% Daily Value**	
Calories	11	< 2%
Calories from Fat	9	†
Total Fat:	1 g	2%
Saturated Fat	0.1 g	< 2%
Monounsaturated Fat	0.1 g	†
Polyunsaturated Fat	0.8 g	†
Vitamin D3 (as cholecalciferol)	2000 IU	500%
Sendara™ [proprietary blend of Ashwagandha (<i>Withania somnifera</i>) standardized withanolide glycoside conjugates extract (root and leaves) and Amla (<i>Phyllanthus emblica</i>) standardized low molecular weight hydrolysable tannins extract (fruit)]	200 mg	†
Black cohosh extract (<i>Cimicifuga racemosa</i>) (root) [Standardized for 5% Total glycosides, calculated as 27-deoxyactein (2 mg)]	40 mg	†
Red clover extract (<i>Trifolium pratense</i>) (aerial parts) [standardized for 2.5% isoflavones (2.5 mg)]	100 mg	†
Genistein (as geniVida® Pure Genistein)	30 mg	†
Evening primrose oil powder (<i>Oenothera biennis</i>) (seeds) [Typically Providing 9% Gamma Linoleic acid (GLA) (90 mg)]	1000 mg	†

† Daily Value not established

** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: Vegetable cellulose (capsule), chlorophyll, and d-alpha tocopheryl acetate.

SUGGESTED USE: Take 2 vegetarian capsules daily, 1 in the morning and 1 in the evening, or as directed by a qualified health care professional.

FREE OF: milk, egg, fish, peanuts, soybeans, tree nuts, wheat, yeast, gluten, rice, and artificial sweeteners, flavors, colors, and preservatives.

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CAUTION: If you are pregnant, nursing, or taking any medications, consult your doctor before use. Discontinue use and consult doctor if any adverse reactions occur.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROD. NO. P1024-90

To refill contact your practitioner or call 1-877-723-0777
or visit www.patientoneformulas.com

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