Conforms to USP <2091 > for weight Meets USP <2040> disintegration. No Artificial Colors. No Artificial Flavors.



Lutemax 2020" is a trademark of OmniActive Health Technologies.

KEEP OUT OF REACH OF CHILDREN Store in a cool, dry place,









VITALITY









ACTUAL SIZE

Two Per Day

GLUTEN

\*This product is endorsed by the GNC Medical Advisory Board. This team of

esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

In a randomized, double-blind crossover study of 13 healthy volunteers, subjects took 20 mg of lutein in the form of Lutemax 2020" or regular lutein on two occasions. Luternax 2020" resulted in statistically significant higher blood concentration of lutein over the first 24 hour period in subjects compared to regular lutein.

#### GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

#### GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



## WOMEN'S ULTRA MEGA® 50 PLUS MINI

GNC Women's Ultra Mega® 50 Plus Mini is a premium multivitamin with 32 important nutrients that provide best-in-class support for overall wellness and a woman's special health needs - all in just two tiny, easy-to-swallow tablets,\* 55% smaller than our Women's Ultra Mega® One Daily multivitamin, this potent formula is composed of special blends that support your everyday efforts to look your best and maintain a healthy lifestyle.\*

### Advanced Nutritional Support

This formula includes at least 100% daily value of 19 vitamins and minerals. A full complement of essential B vitamins plays an important role in energy production and assists with the metabolism of fats, carbohydrates and protein.\*

#### Brain Health Blend

Choline is an essential nutrient that functions as a precursor molecule for crucial brain chemicals known as neurotransmitters that control memory and other cognitive functions. This formula includes an additional central nervous system supporting 2.5 mg of inositol, which helps regulate nerve impulses.\*

#### Eve Health Blend

Includes a superior source of eye supporting lutein, Lutemax 2020™, shown to be 268% more bioavailable° than regular lutein. Also includes zeaxanthin, a powerful carotenoid antioxidant that helps protect cells from the damaging effects of free radicals that can contribute to cell aging.\*

## Urinary Tract Women's Health Blend

This targeted blend combines boron with cranberry to support a woman's urinary health.\*

## Skin Structure & Antioxidant Support

Collagen is the major protein found in skin, hair and nails and is today's answer to support beauty from within.\* This elite formula also includes 2 mg of silica to provide additional support for improvements in the health and appearance of skin, hair and nails.\*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## GNC

# WOMEN'S ULTRA MEGA® 50 Plus Mini

Dietary Supplement

90 MINI TABLETS

## MINI PILL MULTIVITAMIN

Our Smallest Multivitamin with 32 Vital Nutrients

- · Provides essential nutrients to support brain, eye & heart health\*
- · Features healthy aging blends to support bone, skin & immune response\*



Directions: As a dietary supplement, take two mini tablets daily with food. For maximum benefits, take as directed every day.

## **Supplement Facts** Serving Size Two Mini Tablets Servings Per Container 45

Vitamin A (as Retinyl Acetate)	3500 IU	70%
Vitamin C (as Ascorbic Acid)	125 mg	208%
Vitamin D (as Cholecalciferol D-3)	1200 IU	300%
Vitamin E (as Natural d-alpha Tocopheryl Succinate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	4.95 mg	330%
Riboflavin (Vitamin B-2)	3.74 mg	220%
Niacin (as Niacinamide)	22 mg	110%
Vitamin B-6 (as Pyridoxine Hydrochloride)	6.6 mg	330%
Folic Acid	600 mcg	150%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	16.5 mg	165%
Calcium (as Calcium Carbonate and Dicalcium Phosph	ate) 500 mg	50%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	25 mg	167%
Sefenium (as Sodium Sefenite)	70 mcg	100%
Copper (as Cupric Sulfate)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Brain Health Blend		
Ginkgo biloba Leaf Extract	5 mg	
Phosphatidyl Serine	2.5 mg	
Choline (as Choline Bitartrate)	2.5 mg	
Inositol	2.5 mg	-
Eye Health Support		
Lutemax 2020" Lutein	500 mcg	
Zeaxanthin (as Zeaxanthin Isomers)	100 mcg	,
Urinary Tract & Women's Health Blend		

Other Ingredients: Cellulose, Titanium Dioxide, Vegetable Acetoglycerides, Carmine Color, Natural Vanilla Flavor, Sucralose, CONTAINS: Sovbeans.

Skin Structure & Antioxidant Support

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.