

SUGGESTED USE: For adults, take three (3) softgels daily, preferably with a meal, or as directed by your health care professional.

CAUTION: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE AT ROOM TEMPERATURE.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Allergen Warning: Contains fish (Anchovy, Mackerel, Sardine) ingredients.



Manufactured Exclusively For:
MäritzMayer Laboratories
 Norcross, GA 30071
 1.800.432.9130
www.MaritzMayer.com



Essential Fatty Acids

3600™

COMPLETE EFA COMPLEX*

- ✓ Organic Flaxseed Oil
- ✓ EPA & DHA Omega-3 Fish Oil
- ✓ Linolenic Acid & Oleic Acid

**Omega
3-6-9**

Dietary Supplement • 60 Softgels

Supplement Facts

Serving Size: 3 Softgels
 Servings Per Container: 20

	Amount Per Serving	% DV
Calories	40	
Calories from Fat	35	
Total Fat	3.5 g	6%
Saturated Fat	0.5 g	3%
Polyunsaturated Fat	2 g	†
Monosaturated Fat	1 g	†
Cholesterol	10 mg	3%
Protein	<1 g	2%
Triple Omega 3, 6, 9 Proprietary Blend	3,600 mg	†
Organic Flaxseed Oil, Fish Oil, Borage Seed Oil		
Typical Fatty Acid Profile:		
Omega-3		
1,354 mg of Total Omega-3 Fatty Acids comprising of:		
Eicosapentaenoic Acid (EPA)		
Docosahexaenoic Acid (DHA)		
Alpha Linolenic Acid (ALA)		
Omega-6		
296 mg of Total Omega-6 Fatty Acids comprising of:		
Linoleic Acid		
Gamma Linolenic Acid (GLA)		
Omega-9		
266 mg of Total Omega-9 Fatty Acids comprising of:		
Oleic Acid		

% Daily Value (DV) based on a 2000 calorie diet
 † % Daily Value (DV) not established

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols, Purified Water.