SUGGESTED USE Consume two or more capsules daily or as recommended by a health care professional. Calcium is best absorbed when you consume no more than 500 mg of Calcium (2 capsules) at once. For best results take this product with food, preferably a complete meal. This product is most effective as part of a healthy diet and active lifestyle, along with ANDREW LESSMAN'S COMPLETED multi-vitamin-mineral formulas. For answers to questions about the use of this product call 800.808.7311.



To Reorder Call 800.944.9999 Visit www.HSN.com



430 Parkson Road





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CALCIUM-**MAGNESIUM INTENSIVE CARE**

GENTLE, ULTRA-SOLUBLE CALCIUM PLUS MAGNESIUM, VITAMIN D3 AND BORON





ALL-SOLAR MANUFACTURING

450 Easy-to-Swallow Capsules

Andrew Lessman's CALCIUM-MAGNESIUM INTENSIVE CARE is a gentle, high potency formula designed to address the needs of virtually all individuals, particularly women, to consume extra Calcium, Magnesium, and Vitamin D3. This ultra-mild, easy-to-swallow and easy-to-absorb formula is ideal for those who have challenges with large, ordinary calcium tablets. Calcium and Magnesium are two of the most abundant minerals on our planet, yet they are sadly lacking from our diet. One must also consider that without adequate Vitamin D3, we cannot absorb what little Calcium we manage to consume and sadly, Vitamin D₃ is just as scarce as Calcium and Magnesium. In fact, inadequate Calcium, Magnesium and Vitamin D3 intake poses an enormous threat to the long-term health of our bones and bodies in this country. Making matters worse is the fact that ordinary Calcium is very hard to absorb from typical supplements, particularly those large, rock-like calcium tablets. At ProCaps, we overcome this problem by using only highly soluble, ultra-fine powdered forms of Calcium in small, easy-to-swallow capsules that are guaranteed gentle even to sensitive stomachs. This eliminates the difficult swallowing, chalky taste, poor absorption and stomach upset that make ordinary calcium supplements so unpleasant. Calcium-Magnesium Intensive Care is designed to be a pleasant and effective way to provide the Calcium and

Magnesium we need without the problems of ordinary supplements. Because of its ultra-fine powder and super-soluble ingredients, our Calcium-Magnesium Intensive Care remains mild despite delivering 500 mg of Calcium, 200 mg of Magnesium, 1,000 mcg of Boron and 400 IU of Vitamin D₃ in two small, easyto-swallow capsules. As we get older, the Calcium and Magnesium we require becomes more difficult to absorb and tolerate, but Calcium-Magnesium Intensive Care makes it easy to enjoy the Calcium, Magnesium and Vitamin D₃ required for a healthy skeleton and body while always remaining gentle and mild - even to sensitive stomachs.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Serving Size 2 Capsules Servings Per Container 225 **Amount Per Serving** %DV* 30 mg 50% Vitamin C (as calcium ascorbate/

ascorbyl palmitate) Vitamin D₃ (as cholecalciferol) 400 IU 100%

Calcium (as calcium malate/ **500 mg** 50% carbonate/ascorbate)

Magnesium (as magnesium oxide) **200 mg** 50% Boron (as boron glycinate) 1,000 mcg

* Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established

Other Ingredients: Gelatin capsule.

NO ADDITIVES.