



**ARE YOU UP FOR  
THE CHALLENGE?**

Visit [GNC.com/TLC](http://GNC.com/TLC) to join  
and for more information.

KEEP OUT OF REACH  
OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

ACTUAL SIZE

#### The Total Lean™ Advanced Body Toning System

For personalized stacking suggestions, meal and exercise plans,  
and to learn more about the complete line of Total Lean™  
Advanced Products, visit [www.GNC.com/TotalLeanAdvanced](http://www.GNC.com/TotalLeanAdvanced).

\*When used in conjunction with the Total Lean™ Advanced Body Toning System.

#### GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of  
superior nutritional supplements. Our products are produced using only  
fresh, high-quality ingredients and are manufactured under the strictest  
quality controls.

#### GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the  
product with your receipt to a GNC store within 30 days. Our trained sales  
staff will either refund your purchase price or, if you prefer, assist you in  
finding a replacement product to help you LIVE WELL.



Please recycle this box.

## TOTAL LEAN™ ADVANCED BODY TONING SYSTEM

Start a new phase in your weight management  
journey with this next-level, weight-loss innovation  
designed specifically for those who strive for body  
tone and definition. With fat metabolism and body  
sculpting at the core, this comprehensive approach  
includes targeted solutions to help you transform  
common weight loss challenges into results that you  
can see and feel.\* These research-based solutions  
are designed by our weight management experts to  
provide you with personalized supplement and meal  
plans, plus body-defining exercise regimens. Get  
started now with the enclosed overview and visit  
[GNC.com/TotalLeanAdvanced](http://GNC.com/TotalLeanAdvanced) today!

### PREMIUM CLA 3-6-9

Advanced metabolism support formula with Omegas  
3, 6 & 9 featuring CLA & GLA designed to deliver  
these key benefits:



\* These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC TOTAL LEAN™  
ADVANCED

# PREMIUM CLA 3-6-9

DIETARY SUPPLEMENT

CLA & OMEGA DRIVEN  
METABOLISM SUPPORT\*

NON STIM  
DIET  
SUPPORT

**FUELS LEAN  
MUSCLE TONE\*** PROMOTES  
CARDIO &  
JOINT HEALTH\*  
**IMPROVES BODY COMPOSITION\***



CLINICALLY STUDIED  
120 SOFTGEL CAPSULES

CODE 488213

HPG

**DIRECTIONS:** As a dietary supplement, take two softgels twice  
daily with meals. To ensure optimal results, take four softgels  
daily. To supercharge your metabolism, use in combination with  
Total Lean™ Advanced Lean Shake™ Burn.

## Supplement Facts

Serving Size Two Softgels  
Servings Per Container 60

| Amount Per Serving                            | % Daily Value |
|-----------------------------------------------|---------------|
| Calories                                      | 30            |
| Calories from Fat                             | 30            |
| Total Fat                                     | 3 g 5%†       |
| Omega-3 fatty acids (from Fish Oil)           | 1.7 g *       |
| Omega-6 fatty acids (from Borage Seed Oil)    | 150 mg *      |
| Omega-9 fatty acids (from Olive Oil)          | 100 mg *      |
| EPA (Eicosapentaenoic Acid)                   | 92 mg *       |
| DHA (Docosahexaenoic Acid)                    | 58 mg *       |
| Medium Chain Triglycerides (from Coconut Oil) | 50 mg *       |

† Percent Daily Values are based on a 

\* Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, Glycerin, Rosemary Extract, Mixed  
Tocopherols.

**WARNING:** For adult use only. Do not use this product if you are  
pregnant or lactating. If you are taking medication or have a medical  
condition, consult a physician before using this product. Discontinue  
use two weeks prior to surgery.

Conforms to USP <2091> for weight. Meets USP <2040>  
disintegration.

No Sugar, No Artificial Colors, No Artificial Flavors, No Preservatives,  
Sodium Free, No Wheat, Gluten Free, No Dairy, No Starch, No Corn,  
No Soy, Yeast Free.



Glenn® is a registered  
trademark of Glenn  
Lipid Nutrition.



GLUTEN  
FREE