



Super MiraForte with Standardized Lignans

120 capsules, Item# 01698

DESCRIPTION SUPPLEMENT FACTS REVIEWS RELATED ARTICLES

Super MiraForte with Standardized Lignans

120 capsules

Item Catalog Number: 01698

Maintaining normal testosterone levels is one of the most important steps men can take to regain their health and improve their performance.

If you're over 40, odds are you're already starting to feel the effects of low testosterone. Research shows that by age 60, men typically produce **60%** less testosterone than they did at age 20.²³ The reduction of testosterone levels has been associated with the blues, cognitive decline, reduced sex drive and abdominal fat gain. Normal testosterone has been associated with maintaining a healthy cardiovascular system.²⁴

Restoring Health and Sexual Vigor

The reformulated **Super MiraForte** contains high potencies of **chrysin** and **nettle root** extract. These ingredients reduce the aromatization (conversion) of testosterone to estrogen and enhance free testosterone levels.^{25,26} **Bioperine®** is included to facilitate the absorption of **chrysin** (a flavonoid) into the bloodstream.

Muira puama is a rainforest herb classified in the Brazilian Pharmacopoeia as an aphrodisiac. In a trial of men with decreased libido and other sexual issues, **62%** of those taking muira puama reported positive results in regard to libido, while **51%** of those with a common sexual problem felt that the herb was helpful.²⁷ A second trial examined men with decreased libido and found that **85%** of the test subjects taking muira puama enjoyed an enhanced libido, **90%** had improved sexual function, and **100%** of test subjects experienced an increase in intercourse frequency.²⁸

To augment these protective effects, a standardized **lignan extract** from Norwegian spruce has been added to Super MiraForte. These lignans convert to enterolactone in the intestine. They are then rapidly absorbed into the bloodstream where they provide significant biological effects.²⁹ Enterolactone has demonstrated **anti-estrogen** and **anti-DHT** effects that are of particular importance for the aging prostate gland.^{40,41}

Serving Size 2 capsules

Servings Per Container 60

Amount Per Serving

Zinc (as zinc monomethionine) 7.5 mg

Chrysin 750 mg

Muira puama (Ptychopetalum olacoides) extract (bark) 425 mg

Maca (Lepidium meyenii) (root) 160 mg

Nettle (Urtica dioica) methanolic extract (root) 141 mg

HMWLign™ Norway spruce (Picea abies) lignan extract (knott wood) [standardized to 90% Hydroxymatairesinol potassium acetate (15.03 mg)] 16.7 mg

Bioperine® piperine (from black pepper (Piper nigrum) extract (fruit)) 7.5 mg

Other ingredients: gelatin, microcrystalline cellulose, maltodextrin, vegetable stearate, silica.

HMWlign™ is a trademark used under sublicense from Linnea S.A.

Bioperine® is a registered trademark of Sabinsa Corp.

Dosage and Use

- For adult men, take two capsules in the morning and two in the evening, or as recommended by a healthcare practitioner.
- This product can be taken with or without food.

Caution

If you are taking any medication, use only under physician supervision. Men with existing prostate cancer may not be able to use this product. Elevations in free testosterone can unmask an occult (hidden) prostate cancer. Anyone with this concern should have a baseline PSA prior to using this product and a follow-up PSA test 60 days later. If a significant elevation of PSA is found, discontinue this product and advise physician. Do not take more than 15 mg per day of Bioperine®.

Warnings

- KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED DOSE
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating

To report a serious adverse event or obtain product information, contact 1-866-280-2852

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