

**Suggested Use:** Take two to four capsules up to two times daily, or as directed by your healthcare professional.

**Caution:** If you are taking medication or have a medical condition, consult with your healthcare professional before taking this or any other dietary supplement.

**KEEP OUT OF REACH OF CHILDREN.**  
STORE IN A COOL, DRY PLACE.

This product is manufactured in a NSF GMP registered facility.



# DIM

*Di-Indolylmethane*  
*50 mg*

Dietary Supplement  
60 Capsules

## Supplement Facts

Serving Size: 4 Capsules    Servings Per Container: 15

	Amount Per Serving	% Daily Value
Folic Acid	400 mcg	100%
DIM (di-indolylmethane)	200 mg	†
Soy Lecithin	20 mg	†

\*Daily Value not established

**Other Ingredients:** Microcrystalline cellulose, hydroxypropylmethylcellulose (vegetarian capsule), magnesium stearate and silicon dioxide.

Manufactured for: **Health Resources™**  
P.O. Box 3623, Hueytown, AL 35023  
**1-800-471-4007** [www.HealthResources.net](http://www.HealthResources.net)

Contains the World's Finest Ingredients.



300-HDIMC-A