WARNING: CONSULT YOUR PHYSICIAN PRIOR TO USING THIS PRODUCT IF YOU ARE PREGNANT, NURSING, TAKING MEDICATION, UNDER 18 YEARS OF AGE, HAVE SLEEP APNEA, NARCOLEPSY OR OTHER RELATED SLEEP DISORDERS. ABSOLUTELY DO NOT CONSUME WITH ALCOHOL, PRESCRIPTION OR OVER THE COUNTER MEDICATION INCLUDING BUT NOT LIMITED TO SLEEPING AIDS, OPIATES, OR ANTI-DEPRESSANTS. DO NOT TAKE IF YOU SUFFER FROM ANY MENTAL ILLNESS INCLUDING BIPOLAR DISORDER. DO NOT TAKE MORE THAN THE RECOMMENDED DOSE. CONSULT YOUR PHYSICIAN BEFORE USE. DO NOT TAKE THIS PRODUCT IF YOU ARE AT RISK OR ARE BEING TREATED FOR ANY PRE-EXISTING MEDICAL CONDITION INCLUDING BUT NOT LIMITED TO: HIGH OR LOW BLOOD PRESSURE, CARDIAC ARRHYTHMIA, STROKE, HEART, LIVER, KIDNEY OR THYROID DISEASE, SEIZE DISORDER, PSYCHIATRIC DISEASE, DIABETES, DIFFICULTY URINATING DUE TO PROSTATE ENLARGEMENT OR IF YOU ARE TAKING AN MAO INHIBITOR. DISCONTINUE USE IF YOU EXPERIENCE ANY ADVERSE REACTION TO THIS PRODUCT. ALWAYS READ THE LABEL BEFORE USE. MANUFACTURED ON EQUIPMENT WHICH PROCESS PRODUCTS CONTAINING MILK, EGG, SOYBEANS, SHELLFISH, WHEAT, AND TREE NUTS. MANUFACTURED IN USA AT cGMP FACILITY.

KEEP OUT OF REACH OF CHILDREN.

prosupps®

RESULTS . . . PERIOD

CRASH™

RESTFUL SLEEP & RECOVERY+

- INFUSED WITH VALERIAN ROOT & PHENIBUT HCL+
- ADRENAL SYSTEM SUPPORT+
- SUPPORTS DEEP REM SLEEP+

30 SERVINGS

BLUE RAZZ

NATURAL FLAVOR

DIETARY SUPPLEMENT

NET WEIGHT 108g (3.8oz)

Supplement Facts

Serving Size: 1 Scoop(3.6g) Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2g	<1%
Dietary Fiber	1g	4%
Vitamine B6 (as Pyridoxal-5-phosphate)	0.6mg	30%
Magnesium (as Trimagnesium Dicitrate)	7mg	2%
Zinc Sulfate (as Zinc Sulfate Monohydrate)	24mg	160%
Phenibut HCl	300mg	**
L-Tryptophan	100mg	**
L-Carnitine L-Tarate	100mg	**
Valerian Root Extract	50mg	**
Ashwagandha Root Extract	50mg	**
Passion Flower Extract	30mg	**
Evodiamine	20mg	**
Alpha-Glycerylphosphorylcholine	5mg	**
Phosphatidylserine	4mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not Established.

Other Ingredients: Maltodextrin, Soluble Corn Fiber, Natural Flavor, Sucralose, Calcium Silicate, Soy Lecithin, Silica, Dicalcium Phosphate, FD&C Blue Lake #1, FD&C Blue #1.

SUGGESTED USE: AS A DIETARY SUPPLEMENT, MIX 1 SCOOP WITH 120-180ML OF WATER 30 MINUTES PRIOR TO BEDTIME. DO NOT EXCEED 1 SCOOP MAX PER DAY.

STORE IN A COOL DRY PLACE.

CERTIFIED cGMP MANUFACTURED IN A cGMP FACILITY

GLUTEN FREE

DISTRIBUTED BY:
NUTRITION SYSTEMS
216 WALTERS ROAD, ARNDELL PARK
NSW 2148 AUSTRALIA
1-300-883-523

Contains Soy Lecithin.

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ALLEN, TX 75013

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