

Suggested Usage: Take 1 capsule daily with a meal.

Vitamin D-2, or Ergocalciferol, is a vegetable-based form of Vitamin D that can help to maintain optimal levels of vitamin D in the body.* Vitamin D enhances the uptake of calcium from the diet, is critical for bone health, and promotes dental health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet.
Keep in Bottle.

CAPSULE SIZE

CODE 0368 V2



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Vegetarian, Dry Vitamin D

1,000 IU - High Potency

Structural Support*

- Helps Maintain Strong Bones*
- Supports Dental Health*

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin D ₂ (as Ergocalciferol)	1,000 IU	250%

Other ingredients: Rice Flour, Cellulose (capsule), Magnesium Stearate (vegetable source) and Silica.

Contains soy (non-GMO).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

