

Suggested Usage: Take 1 softgel daily with a meal, or as directed by your healthcare practitioner.

Vitamin A is essential for the maintenance of healthy epithelial tissue, which is found in the eyes, skin, respiratory system, GI and urinary tracts.* Vitamin D promotes calcium absorption and calcium transport to bones.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Do not exceed the recommended dose. Do not use if you are pregnant, may become pregnant, or are breastfeeding. Consult with your physician. Also consult physician if taking medication or have a medical condition. Keep out of reach of children.

California Proposition 65 WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Natural color variation may occur in this product.

CODE 0350B V6



A&D

10,000/400 IU

Essential Nutrition

- Helps Maintain Strong Bones and Teeth*
- Necessary for Maintenance of Eye Health*

100 Softgels

A Dietary Supplement

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Palmitate)	10,000 IU	200%
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	400 IU	100%

Other ingredients: Soybean Oil and Softgel Capsule (gelatin, glycerin, water).

NOW FOODS, 395 S. Glen Ellyn Rd.

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Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

