



Suggested usage: 1 capsule 1–2 times per day or as directed by a health professional. Keep out of the reach of children.

Kava kava is an herb that has been used traditionally in Polynesian cultures for centuries. Kava kava helps calm occasional anxiety, stress, and restlessness, and supports healthy sleep.* Kavapure is standardized to 30% kavalactones, the active constituents in kava kava. Expert sourcing and extraction methods utilized by Kavapure maximizes the quality and consistency of the active ingredients, ensuring the highest possible bioavailability. Kavapure is the highest quality kava kava on the market. The safety and efficacy of kava have been proven through scientific research and clinical studies.*

Cautions: Consult a health professional prior to use if you have had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and consult a health professional if you develop symptoms that may signal liver problems (e.g., unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Not for use with alcoholic beverages. Excessive use or use with products that cause drowsiness may impair your ability to operate a vehicle or heavy equipment. Kava kava should NOT be taken on a daily basis for more than four weeks without consulting a health professional.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Stress-Relax[®]

Kava Kava
250 mg

PROMOTES RELAXATION
& A SENSE OF CALM*

60 Vegetarian Capsules

30% KAVALACTONES



natural
Factors[®]

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
Kavapure [®] kava kava (<i>Piper methysticum</i>) extract (root)	250 mg**
Kavalactones (30%)	75 mg**

** Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetarian capsule (carbohydrate gum [cellulose], purified water), magnesium stearate (vegetable grade), silica.

kavapure[®] is a registered trademark of Naturex.

LOT & EXPIRY 1.3125" x .25" Single Line

PRODUCT OF CANADA
Manufactured by
Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

Purity & Potency
Guaranteed

Recyclable container and label.



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7