

Suggested Usage: Take 3 capsules daily with juice or water on an empty stomach.

Ornithine is a non-essential amino acid that plays a central role in the urea cycle, functioning along with Arginine and Citrulline to rid the body of ammonia, a byproduct of protein metabolism.* Because Ornithine is converted into Arginine, it can help to maintain healthy Arginine levels in the body.* Ornithine can also be converted into other amino acids, such as citrulline, proline, and glutamate, as well as creatine, an important muscular energy source.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet.
Keep in Bottle.

CAPSULE SIZE

CODE 0122B V3



L-Ornithine

500 mg

Fitness Amino Acid*

Healthy Protein Metabolism*

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 3 Veg Capsules
Servings Per Container 40

Amount Per Serving

L-Ornithine	1.5 g (1,500 mg)*
(from L-Ornithine Hydrochloride)	

* Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

