

Suggested Usage: Take 2 capsules 1 to 3 times daily, preferably with food.

GlycoCarn® (Glycine Propionyl-L-Carnitine) GPLC is a patented, highly bioavailable form of Carnitine. Carnitine is an amino acid that plays a crucial role in muscle function.* GlycoCarn®, particularly when combined with exercise, has been shown to promote healthy nitric oxide (NO) production.* NO is notable for its vasodilating effects, which help to enhance blood flow to muscles and the heart.* NO also facilitates the production of energy at the cellular level and aids in the removal of lactic acid and other metabolic waste products from muscle tissue.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet. Keep in Bottle.

CODE 0057B V3



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CAPSULE SIZE



GPLC GlycoCarn®

with CoQ10

Cellular Energy*

- Facilitates the Use of Fat for Energy*
- Supports NO Production and Enhances Blood Flow*

60 Veg Capsules



A Dietary Supplement Vegetarian/Vegan

Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 30

Amount Per Serving

GlycoCarn® GPLC Complex (Glycine Propionyl-L-Carnitine HCl)	1516 mg*
Propionyl-L-Carnitine HCl	1170 mg*
Glycine	346 mg*
Coenzyme Q10 (CoQ10)	60 mg*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Calcium Carbonate and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

GlycoCarn® is a registered trademark of Sigma-Tau HealthScience and is manufactured under USA production patent 6,703,042 and other foreign patents. The combination of GlycoCarn® GPLC and CoQ10 is patented by Sigma-Tau Industries under USA patent 6,814,972.

Store in a cool, dry place after opening.

Please Recycle.

