



Magnesium Triple Source

DIETARY SUPPLEMENT

1
Daily

3 Magnesium Forms
500 mg Mag Plus B-6
100 TABLETS



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take 1 tablet daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
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Vitamin B-6 (Pyridoxine HCl)	5 mg 250%
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Magnesium	500 mg 125%
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(from Magnesium Oxide, Malate and Citrate)	
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Other Ingredients: Cellulose, Stearic Acid, Silica and Magnesium Stearate.

Discussion: KAL® Magnesium Sustained Release Once Daily tablet provides 500 mg Magnesium in 3 forms for enhanced bioavailability. Magnesium is an essential and important mineral required for over 300 cellular processes and biochemical reactions within the body. On a cellular level, Magnesium is utilized in energy production and storage, cell membranes and balance within the cell. Magnesium plays an important role in supporting healthy bones and muscle.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Comments or Questions:

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