



Advanced Daily Extend™

*Daily Multi-Vitamin for Optimal Nutritional Support**

**Dietary Supplement
120 Capsules**

Suggested Use: Take two capsules two times daily with meals. Contains no artificial colors, flavors or preservatives.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

This product is manufactured in a NSF GMP registered facility.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 60

Amount Per Serving		% Daily Value
Vitamin A (75% natural beta carotene, 25% retinyl palmitate)	4,000 IU	80%
Vitamin C (94% ascorbic acid, 6% ascorbyl palmitate)	200 mg	333%
Vitamin D3 (as cholecalciferol)	500 IU	125%
Vitamin E (90% d-alpha tocopheryl succinate 10% mixed tocopherols)	100 IU	333%
Vitamin K (87% K1/phytonadione, 13% K2/menatetranone)	75 mcg	94%
Thiamine (vitamin B1 as thiamine HCl)	7.5 mg	500%
Riboflavin (vitamin B2)	7.5 mg	441%
Niacin (vitamin B3 from inositol hexa nicotinate)	62.5 mg	313%
Vitamin B6 (88% pyridoxine HCl, 12% pyridoxal-5-phosphate)	12.5 mg	625%
Folic Acid (as 5-methyltetrahydrofolate)	200 mcg	50%
Vitamin B12 (as methylcobalamin)	75 mcg	1,250%
Biotin	300 mcg	100%
Pantothenic Acid (vitamin B5 as calcium pantothenate)	50 mg	500%
Calcium (50% calcium citrate, 50% calcium malate)	75 mg	8%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (50% magnesium aspartate, 50% magnesium citrate)	75 mg	19%
Zinc (as amino acid chelate)	7.5 mg	50%
Selenium (as methylselenocysteine)	35 mcg	50%
Copper (as amino acid chelate)	500 mcg	25%
Manganese (as amino acid chelate)	1.25 mg	63%
Chromium (as chromium picolinate (Chromax®))	60 mcg	50%
Molybdenum (as amino acid chelate)	50 mcg	67%

Choline (as choline bitartrate), 50 mg*; N-Acetyl Cysteine, 50 mg*; Inositol (as inositol and inositol hexanicotinate), 50 mg*; Digestive enzymes (vegetarian source amylase, protease, lactase, lipase and cellulose), 30 mg*; Green Tea extract (50% EGCG), 25 mg*; Rutin, 15 mg*; Silica (from bamboo stem extract), 10 mg*; Gamma Oryzanol, 5 mg*; Boron (as boron citrate complex), 1.5 mg*; Lutein, 1.5 mg*; Lycopene, 500 mcg*; Vanadium (as vanadyl sulfate), 12.5 mcg*.

*Daily Value not established

Other Ingredient: Hydroxypropylmethylcellulose (vegetarian capsule).

Manufactured for: **Health Resources**

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1-800-471-4007 www.HealthResources.net

Contains the World's Finest Ingredients.

