

Vitamin B is essential to many crucial areas of the body, including, the heart, nervous, digestive and immune systems, metabolism, hormone production, and the development of genetic material\*

## The NutriGold Difference

- Nourishing blend of B vitamins with superior absorption
- Free of harmful additives, fillers, and binders
- Encapsulated in the USA exceeding cGMP standards
- Purity and potency verified by third-party labs
- Verified free of seven common allergens
- Premium quality without the premium price tag

**Caution:** Please consult your healthcare provider before taking this supplement if you are pregnant, breastfeeding, and/or taking any OTC or prescription medications. Store in a cool, dry place. Keep out of the reach of children.



SKU # 277



# WHOLE-FOOD + FOOD-BASED B-COMPLEX GOLD™

Supports Cellular Energy, Heart Health,  
Nerve Health, & Emotional Wellness\*

Made without harmful additives, fillers, and binders

**HIGH POTENCY**

**120 VEGGIE CAPSULES**

GLUTEN-FREE • SOY FREE • CERTIFIED VEGETARIAN & KOSHER • DIETARY SUPPLEMENT

**Suggested Use:** As a dietary supplement, adults take one (1) veggie capsule 1 to 2 times daily, or as directed by a healthcare professional.

## SUPPLEMENT FACTS

Serving size: 1 veggie capsule

Servings per container: 120

|                                                                             | Amount Per Serving | %DV  |
|-----------------------------------------------------------------------------|--------------------|------|
| Organic Thiamine <sup>^</sup> (Vitamin B1)                                  | 4.4 mg             | 293% |
| Organic Riboflavin <sup>^</sup> (Vitamin B2)                                | 4.0 mg             | 235% |
| Niacin (Vitamin B3 (22% Organic <sup>^</sup> ; 78% Cultured <sup>^</sup> )) | 29.3 mg            | 146% |
| Organic Pyridoxine <sup>^</sup> (Vitamin B6)                                | 4.4 mg             | 220% |
| Organic Folic Acid <sup>^</sup> (Vitamin B9)                                | 340 mcg            | 85%  |
| B12 <sup>^</sup> (as Methylcobalamin)                                       | 50 mcg             | 833% |
| Biotin <sup>^</sup>                                                         | 500 mcg            | 166% |
| Organic Pantothenic Acid <sup>^</sup> (Vitamin B5)                          | 7.6 mg             | 76%  |
| Choline <sup>^</sup> (as Choline Bitartrate)                                | 25 mg              | ↑    |
| Inositol <sup>^</sup>                                                       | 25 mg              | ↑    |
| PABA <sup>^</sup>                                                           | 15 mg              | ↑    |

<sup>^</sup> From Organic Guava, Organic Holy Basil & Organic Lemon

<sup>^</sup> Nutrients cultured in *S. cerevisiae*    <sup>↑</sup> Daily Values not established

<sup>^</sup> Percent Daily Values based on a 2,000 calorie diet

**Other Ingredients:** Veggie capsule (plant cellulose), natural rice concentrate.

**Does NOT contain** fillers, binders, artificial ingredients, preservatives, Stearates, Laurates, Sulfates, or Dioxides.

**FREE of** corn, egg, gluten, milk, peanut, shellfish, and soy allergens.

**Distributed By:** NutriGold Inc, Orem, UT 84057, USA.  
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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.