

Dr. Sinatra

AMERICA'S #1 INTEGRATIVE CARDIOLOGIST



Heart Healthy[†] Multivitamin

for Women

Dietary Supplement 120 Tablets

Supplement Facts

Serving Size: 4 Tablets

Servings Per Container: 30

Amount Per Serving			% DV	Amount Per Serving			% DV
Vitamin A (from mixed carotenoids, retinyl palmitate)	5,000 IU	100%		Magnesium (as oxide, ascorbate)	250 mg	63%	
Vitamin C (as mineral ascorbates, ascorbic acid)	300 mg	500%		Zinc (as oxide)	15 mg	100%	
Vitamin D (as cholecalciferol)	1,000 IU	250%		Selenium (as selenomethionine)	200 mcg	286%	
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%		Copper (as gluconate)	1 mg	50%	
Thiamine (as mononitrate)	20 mg	1,333%		Manganese (as gluconate)	1.4 mg	70%	
Riboflavin	20 mg	1,176%		Chromium (as polynicotinate)	200 mcg	167%	
Niacin (as niacinamide)	40 mg	200%		Molybdenum (as chelate)	80 mcg	107%	
Vitamin B6 (as pyridoxine HCl)	40 mg	2,000%		Women's Heart Healthy Blend	410 mg	*	
Folic Acid	400 mcg	100%		Citrus Bioflavonoids, Green Tea Extract (leaf), Mixed tocopherols, Grape Seed Extract, Olive Leaf Extract, Trans Resveratrol			
Vitamin B12 (as cyanocobalamin)	200 mcg	3,333%		Hair, Skin & Nails Blend	116 mg	*	
Biotin	500 mcg	167%		Silicon (as dioxide), Alpha Lipoic Acid, Lutein (from marigold flower)			
Pantothenic Acid (as calcium pantothenate)	40 mg	400%		Cranberry Extract (fruit)	100 mg	*	
Calcium (as carbonate from eggshell, ascorbate)	500 mg	50%		Hormone & Breast Health Blend	52 mg	*	
Iodine (from kelp)	26 mcg	17%		Flax Lignans, Boron Chelate			
				Vanadium (as sulfate)	200 mcg	*	

* Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, hydroxypropyl methylcellulose, glycerin, polydextrose, titanium dioxide, maltodextrin, medium chain triglycerides

CONTAINS: EGG

Suggested Use: Take 4 tablets daily with a meal.

Note: Pregnant or lactating women should consult a health care professional before taking this product.

Keep out of reach of children.