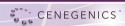
in many biochemical pathways involving detoxification, ovascular, neurological, eye, muscle, and bone health. DIRECTIONS: As a dietary supplement, take one capsule, up to two times daily, or as directed by a physician.

blood thinners should consult their physician prior to use. Do

prevent any disease

STORAGE: Keep tightly closed in a c dry place out of reach of children.





B-Well Vitality

Optimized B-Complex Formula

60 Capsules

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 60

Amou	nt Per Serving	%DV	Amount Pe
Riboflavin	25 mg	1,470%	TMG (trimethylglycine)
(as riboflavin 5'-phosphate sodium)		myo-Inositol	
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	500%	Choline (as choline bitartrate)
Folate (as Quatrefolic® 1000 mcg 250% (6S)-5-Methyltetrahydrofolic acid, Glucosamine Salt, and folinic acid)		"" Daily Value (DV) not established.	
Vitamin B12 (as methylcobalamin)	1000 mcg	16,667%	

medium-chain triglyceride oil.

Other Ingredients: HPMC (capsule), microcrystalline cellulose, stearic acid, silica, magnesium stearate, and

Quatrefolic Sansis S.p.A. Produced under US Patent 7,947,662.

REV 031115 ZCL-CENGEN-031-02

250 ma

50 mg

50 ma

This package is completely recyclable 23

Dietary Supplement