

GOODSENSE[®]

Women's

USP/TABLETS

Supports Bone & Breast Health**

One Daily

**Multivitamin/Multimineral
Supplement**

**1000 IU Vitamin D
500 mg Calcium**



Actual
Size

**This statement has not been
evaluated by the Food and
Drug Administration. This
product is not intended to
diagnose, treat, cure, or
prevent any disease.

Compare to One A Day[®]
Women's ingredients

400 Tablets



Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A	↓ 2500 IU	50%	Biotin	+ 30 mcg	10%
(20% as beta-carotene)	+		Pantothenic Acid	↓ 5 mg	50%
Vitamin C	60 mg	100%	Calcium (elemental)	↗ 500 mg	50%
Vitamin D	↑ 1000 IU	250%	Iron	↓ 18 mg	100%
Vitamin E	↓ 22.5 IU	75%	Magnesium	+ 50 mg	13%
Vitamin K	+ 25 mcg	31%	Zinc	15 mg	100%
Thiamin (Vitamin B1)	1.5 mg	100%	Selenium	+ 20 mcg	29%
Riboflavin (Vitamin B2)	1.7 mg	100%	Copper	+ 2 mg	100%
Niacin	↓ 10 mg	50%	Manganese	+ 2 mg	100%
Vitamin B6	2 mg	100%	Chromium	+ 120 mcg	100%
Folic Acid	400 mcg	100%			
Vitamin B12	6 mcg	100%			

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Acacia, Ascorbic Acid, Microcrystalline Cellulose, Croscarmellose Sodium, Ferrous Fumarate, Calcium Silicate, Dicalcium Phosphate, dl-Alpha Tocopheryl Acetate, Titanium Dioxide, Dextrin, Zinc Oxide, Stearic Acid, Hypromellose, Niacinamide, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol, Manganese Sulfate, Calcium Pantothenate, Dextrose, Cupric Sulfate, Lecithin, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A Acetate, Folic Acid, Chromium Chloride, FD&C Yellow #5 Aluminum Lake, Beta-Carotene, FD&C Yellow #6 Aluminum Lake, Sodium Selenate, Phytonadione, FD&C Blue #2 Aluminum Lake, Cholecalciferol, Biotin, Cyanocobalamin. **CONTAINS: SOY**

Directions: Adults: One tablet daily, with food.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION: If you are taking any medication or are planning any medical procedure, consult a doctor before taking this product.

If you are pregnant or nursing a baby, ask a doctor before using this product.

KEEP OUT OF REACH OF CHILDREN

Store in a dry place at room temperature (59°-86°F).

Oil- and Water-Soluble Vitamins with Minerals Tablets

Gluten Free

**(Questions or comments?)
1-866-703-4222**

Distributed By

Perrigo[®]

Allegan, MI 49010

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IF PRINTED
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MISSING**