

**Barlean's Fresh Catch® Ultra DHA, Triple Potency** is for those who aspire to nutritionally support the optimal structure and function of:

- Joint Mobility & Bone Density\*
- Mental Health, Wellness & Acuity\*
- Healthy Cholesterol Levels\*
- Eye Health - Visual Acuity\*
- Energy & Endurance\*
- Heart Health\*
- Healthy Blood Glucose\*
- Skin, Hair & Nail Health\*

\* These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

**Barlean's Organic Oils**

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800/445-3529 • [barleans.com](http://barleans.com)

100% SATISFACTION GUARANTEED

*Bruce Barlean*

FRESHEST BEFORE

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EXP AUG 2013

ESTD 1989

**BARLEAN'S**  
ORGANIC OILS



PHARMACEUTICAL  
GRADE

MOLECULARLY  
DISTILLED

*Fresh Catch® Fish Oil*

**ULTRA DHA**

**TRIPLE POTENCY**

**OMEGA-3**

**90 Softgels /500 mg ea.**

LEMONADE FLAVOR

## Supplement Facts

Serving Size 2 Softgels (1 g)

Servings Per Container 45

| Amount Per Serving                 | % Daily Value*       |
|------------------------------------|----------------------|
| Calories 10                        | Calories from Fat 10 |
| Total Fat 1 g                      | 2%                   |
| Saturated Fat 0 g                  | 0%                   |
| Polyunsaturated Fat 0.5 g          | †                    |
| Monounsaturated Fat 0 g            | †                    |
| Cholesterol 5 mg                   | 2%                   |
| Vitamin E 1 IU (Mixed Tocopherols) | 5%                   |
| Omega-3 Polyunsaturated Fat        |                      |
| Eicosapentaenoic Acid (EPA) 100 mg | †                    |
| Docosahexaenoic Acid (DHA) 530 mg  | †                    |
| Other Omega-3 Fatty Acids 50 mg    | †                    |

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

**INGREDIENTS:** Pharmaceutical grade, molecularly distilled, cold water, deep-sea fish oil from anchovy, sardine and mackerel, gelatin, glycerine, caramel color, natural flavor, Freshlok™ antioxidant (rosemary extract, ascorbyl palmitate, ascorbic acid, soy lecithin and d-alpha tocopherol). **SUGGESTED USE:** 2 softgels daily with a meal.