## **Suggested Directions:**

1 Tbsp. in a cup of water, juice, etc., twice a day. For advanced usage: 2 Tbsp. three times daily.

No chemicals or preservatives added.

- †Goat-milk whey is tolerated well by most people.
- †CMW is highly concentrated, alkaline and contains minerals and electrolytes. (Potassium, Phosphorus, Sodium, Calcium, Magnesium)
- † Mt. Capra Goats are fed foods that are free of pesticides, herbicides and growth hormones and are not treated with antibiotics.
- †CMW is minimally processed to preserve its original composition.

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat cure or prevent any disease.

Product of the USA



## Balancing Your Mineral Needs Through A Natural Mineral Source



Goat Milk Whey
Your Alkalizing - Mineral Source
25.4 oz (720g)
Dietary Supplement

## Supplement Facts

Serving Size: 2 Tbsp (26 g) Servings Per Container: 28

Amount Per Serving % D		Daily Value*
Total Calories	79	
Total Fat	Og	0%
Cholesterol	Omg	0%
Total Carbahydrates 18g		6%
Dietary Fiber	Og	1%
Sugars	9g	*
Protein	1.3g	3%
Calcium	260mg	26%
Phosphorus	150mg	15%
Magnesium	37mg	9%
Sodium	135mg	6%
Potassium	1052mg	30%
Goat Whey	26g	*

\*Daily Value not established Other Ingredients: Silicon dioxide

Manufactured by: Mt. Capra 279 SW 9th St., Chehalis, WA 98532 360-748-4224 www.mtcapra.com