

Directions: As a dietary supplement, take two caplets at breakfast and two caplets at dinner for a total of four caplets daily. For maximum benefits, take as directed every day.

Supplement Facts

Serving Size Four Caplets
Servings Per Container 60

Amount Per Serving	% Daily Value	
Vitamin D (as Cholecalciferol D-3)	2000 IU	500%
Vitamin K-2 (as Menaquinone)	50 mcg	63%
Calcium (as Calcium Citrate Malate)	800 mg	80%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	7.5 mg	50%
Copper (as Copper Glycinate)	1 mg	50%
Manganese (as Manganese Gluconate)	1 mg	50%
MBP [®]	40 mg	*
Boron (as Hydrolyzed Protein Chelate)	1 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

CONTAINS: Milk and Soybeans.

WARNING: Do not use if pregnant, nursing or are allergic or contraindicated to aspirin. If you are taking aspirin or blood thinning or other medication, consult your healthcare professional before using this product. Discontinue use two weeks prior to surgery, or if upset stomach occurs.

Potency verified by GNC procedure #4000.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

No Artificial Colors, No Artificial Flavors, No Wheat, No Gluten, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.



MBP[®] is registered in the U.S.A. by
MEG MILK SNOW BRAND Co., Ltd.
U.S. Patent No. 5,932,259.

GNC

Calcimate Complete™

Supports bone density with 800 mg calcium citrate malate, one of the most absorbable forms of calcium*

Enhances calcium absorption with 2000 IU vitamin D-3*

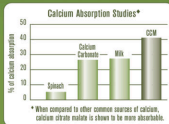
Promotes the bone-building process with 50 mcg vitamin K-2*

Supports the body's natural ability to build & maintain bone mass with 40 mg MBP**

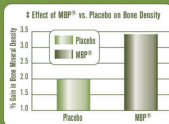
May reduce the risk of osteoporosis†

DIETARY SUPPLEMENT
240 CAPLETS

Calcimate Complete™ is scientifically designed to enhance bone density, natural bone building and support calcium absorption.*



• **Calcium Citrate Malate (CCM)** is one of the most absorbable and effective sources of calcium which helps support bone density.* Adequate calcium in a healthy diet throughout life may reduce the risk of osteoporosis. Studies in post-menopausal women over the age of 55 demonstrate CCM results in 70% less bone loss when compared to a diet without calcium supplementation and 40% less bone loss when compared to a diet with ordinary calcium supplementation.



• **MBP[®]** is a functionally active protein complex isolated and purified from milk protein. Emerging research indicates that MBP[®] supports the body's natural ability to build and maintain bone mass by supporting the body's bone building cells.*

• **Vitamins D-3 and K-2** are essential vitamins required during the growth and development of bones to achieve peak bone density.* Vitamin K-2 (menaquinone-7) is good for the bone-building process.*

• Enhanced with essential nutrients involved in the formation of the bone matrix such as magnesium, zinc, copper, manganese and boron.

†Percent gain in bone density (left calcaneus) over six months. In a double-blind, placebo-controlled study, 33 adult females were supplemented with 40 mg/day MBP[®] (n = 17) or placebo (n = 16) in a beverage for six months. Bone density was measured at baseline and after six months by dual X-ray absorptiometry (DEXA). The diets of both groups were monitored during this time and found to be no different.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For More Information:
1-888-462-2548

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- Ultra Probiotic Complex
- CoQ-10

GNC QUALITY COMMITMENT

For more than 77 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



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