

SUGGESTED USE: For adults, take up to two (2) softgels daily, preferably 30 to 60 minutes before bedtime or rest.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment. Not intended for use by persons under the age of 18.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE AT ROOM TEMPERATURE.

Manufactured Exclusively For:

MäritzMayer Laboratories

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www.MaritzMayer.com



Valerian Root 1000™



- ✓ Promotes relaxation*
- ✓ Supports a restful nights sleep*
- ✓ Helps reduce anxious sleeplessness*

Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 30

Amount Per Serving		% Daily Value
Valerian Root Extract	500 mg	†
(Valeriana officinalis)		
(a 4:1 Extract, equivalent to 2,000 mg of Valerian Root)		

† % Daily Value not established

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Soy Lecithin, Titanium Dioxide Color, Purified Water. Contains <2% of: Natural Caramel Color,, Yellow Beeswax.

ALLERGEN WARNING: CONTAINS SOY & BEESWAX

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.



Dietary Supplement • 60 Softgels