

SUGGESTED USE: For adults, take two (2) capsules at bedtime. Capsules may be opened and prepared as a tea.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment. Not intended for use by persons under the age of 18.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured Exclusively For:
MäritzMayer Laboratories
1.800.432.9130
www.MaritzMayer.com



Valerian Root 900™

- ✓ Promotes relaxation*
- ✓ Supports a restful nights sleep*
- ✓ Helps reduce anxious sleeplessness*

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value
Valerian (<i>Valeriana officinalis</i>) (root)	900 mg †

† % Daily Value not established

Other Ingredients:

Gelatin
No Artificial Color, Flavor or Sweetener, No Preservatives,
No Sugar, No Starch, No Milk, No Lactose, No Soy, No
Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE
IF SAFETY SEAL IS DAMAGED OR MISSING. STORE AT
ROOM TEMPERATURE.**



Dietary Supplement • 60 Capsules