ORGANIC CLEAR FIBER is a natural source of dietary fiber that helps you get closer to the 25-35 grams of daily fiber that many experts recommend Made with only 100% organic acacia. it dissolves in liquids and soft foods for a convenient fiber boost anytime Plus ORGANIC CLEAR FIBER is perfect for cooking and baking! Contains no GMOs, yeast, wheat, com-

soy, gluten, salt, sugar, dairy, animal products, binders, fillers, preservatives or ortificial ingredients

Also Recommended

A balanced ratio of soluble and insoluble fiber in the diet is Whereas Organic Clear Fiber is or excellent source of soluble

fiber, Organic Triple Fiber is rich in insoluble fiber to belo you achieve the natural balance

\* Relieves occasional constinution\*

\* 100% omanic flow and bron & acacia

MADE IN USA 0511 Quality and Presity Guaranteed Polm Harbor EL 34683

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soft food and beverages

Helps Maintain Healthy Cholester

Supports Normal Blood Sugar Helps Remove Toxins



cooking an haking too

## Fiber's **Total-Body Benefits**

A high-fiber diet provides many benefits for the whole body, including heart health detaxification, improved digestion and regularity." Fiber also promotes successful weight management by supporting healthy blood sugar and chalesternl levels

## Supplement Facts Serving Size: 1 Level Tablesmoon (5.6 grams)

Servings per Container: Approx. 48

Amount per Serving		%0
Calories	10	
Total Carbohydrate	5 g	23
Dietary Fiber	5 g	20
Soluble Fiber	5 g	
Organic Acacia Fiber	5.6 g	"
" Percent Daily Values (DV) are " Daily Value not established	based upon a 2,000	zalorie di

Ingredients: 100% organic acacia soluble fiber Directions: For best results, mix one level tablescoo (5.60 or approximately 5 shakes) into 6 to 8 curses of liquid or soft food up to 3 times daily. Stirurti. dissolved. Organic Clear Fiber dissolves best in liquids that are room temperature or warmer Packed by weight, not valume. Contents may settle

## KEEP OUT OF REACH OF CHILDREN

WARNING: Consult your physician before using this or any product if you are prescent nutsing, trying to conceive, taking medication

Notice: Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in Manufactured in a GAAD and Kacher facility Tables Conduct no not use in easiery and in popular or mid-