SUGGESTED USE To achieve the optimum nutrient levels established by clinical studies, consume the contents of one packet (5 capsules) daily with food. **Complete Joint Effort** is most effective when used in conjunction with one of **Andrew Lessman's Life Rx™** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**

UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.

Andrew Lessman
Founder of ProCaps Labs

QUESTIONS? RE-ORDERS?
CALL 800.800.1200
www.ProCapsLabs.com

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All-Solar Manufacturing
430 Parkson Road
Henderson, NV 89011

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ALL SULFATE · SODIUM-FREE · ULTRA-MILD

COMPLETE JOINT EFFORT®

1,500 mg Glucosamine Sulfate
1,200 mg Chondroitin Sulfate

ProCaps Laboratories
All-Solar Manufacturing

60 Perma-Fresh Packets™ • 300 Easy-to-Swallow Capsules

NEW PERMA-FRESH PURPLE PACKETS • MOISTURE OXYGEN UV PROTECTION

Andrew Lessman's COMPLETE JOINT EFFORT is a **Sodium-Free** formula providing the optimum potency and the ideal forms (**All Sulfate**) of the most important ingredients for the maintenance and repair of healthy joint tissue. This unique formula begins with the research-recommended levels of the two clinically-established natural ingredients for joint health: **Glucosamine Sulfate** (1,500 mg) and **Chondroitin Sulfate** (1,200 mg). These two ingredients are not medicines, but the vital structural molecules that are required for our joints to retain their elasticity and healthy structure as we age. Glucosamine is always the first line of joint defense, but unlike ordinary joint products, we refuse to use unproven Glucosamine HCl (Hydrochloride). We only use the form of Glucosamine established in thousands of studies – Glucosamine Sulfate. Also unique is our special form of Sodium-Free Chondroitin Sulfate, which eliminates the Sodium present in other joint products. Our special Calcium Chondroitin Sulfate eliminates the risks of Sodium and instead provides the benefits of 80 mg of essential Calcium. Sadly, typical joint products use inferior sources of both Glucosamine and Chondroitin. Ordinary Glucosamine HCl does not possess the benefits of the research-established Glucosamine Sulfate while common Sodium Chondroitin Sulfate can adversely affect blood pressure and heart health by delivering unwanted Sodium. Glucosamine and Chondroitin are the "bricks and mortar" of our joints, without which our body cannot create, maintain and repair joint tissue. By providing these two essential structural molecules in their optimum Sulfate form and at their ideal potency, we deliver maximum benefits to joint structure, health and function. No other body part endures more daily abuse than our joints and **Complete Joint Effort** delivers the proper tools to help combat and repair the consequences of a lifetime of wear and tear. Best of all, **Complete Joint Effort** is uniquely **All Sulfate, Sodium-Free and Additive-Free** making it unlike any joint product in the world.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

THE PERFECT PACKET.

The New Perma-Fresh Purple Packet. The Only Packet Worthy of Our 100% Pure Products.

Our new ***Purple* Packet** is our most advanced packet ever, offering you even more protection than our original **Perma-Fresh Foil Packet**. To retain potency, vitamins must be protected from light, moisture and oxygen and the ordinary clear packets used with typical vitamins fail miserably to do so. Our newly developed ***Purple* Packets** are constructed from multiple layers of specialized materials to safeguard your vitamins from damaging light, moisture and oxygen. For decades, our **Perma-Fresh Foil Packet** set the standard for vitamin protection and today, our new **Perma-Fresh *Purple* Packet** takes that protection to even higher levels, giving the world's finest vitamins the special protection they deserve.

Supplement Facts

Serving Size 1 Packet (5 Capsules)		Servings Per Container 60
Amount Per Packet		**%DV***
Vitamin C (as ascorbyl palmitate)	10 mg	17%
Calcium (from calcium chondroitin sulfate)	80 mg	8%
Potassium (from potassium glucosamine sulfate)	260 mg	7%
Glucosamine Sulfate	**1,500 mg**	†
as Potassium Glucosamine Sulfate	2,000 mg	
Calcium Chondroitin Sulfate	**1,200 mg**	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Gelatin capsule. **NO ADDITIVES.**
CONTAINS an ingredient derived, purified and refined from the shells of shellfish (shrimp, crab and crawfish).