

Omega 3 EFA Complex



With Vitamin C, E & Garlic
Heart Health

180
Softgels

3
Daily

Dietary Supplement

800-247-6997

Directions: Take three (3) to six (6) softgels daily with food. Store in a cool, dry place. Keep out of the reach of children.

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Supplement Facts

Serving Size 3 Softgels
Servings Per Container 60

	Amount Per Serving	% Daily value
Calories	30	
Calories from Fat	30	
Total Fat	3 g	5%†
Saturated Fat	1 g	5%†
Cholesterol	15 mg	5%
Vitamin C (as Ascorbyl Palmitate)	10 mg	17%
Vitamin E (as d-Alpha Tocopherol)	30 IU	100%
Fish Body Oil (essential Omega 3 Fatty Acids)	3 g	*
EPA (Eicosapentaenoic Acid)	540 mg	*
DHA (Docosahexaenoic Acid)	360 mg	*
Garlic Glove Oil Concentrate (<i>Allium sativum</i>) (concentrated 1,000:1 equal to 150 mg of whole garlic clove)	150 mg	*

*Percent Daily Values are based on a 

†Daily Values are estimates.

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Other Ingredients: Softgel Capsule (Gelatin, Carob and Glycerin), Safflower Oil and Beeswax.

Discussion: Omega 3 EFA Complex helps to support a healthy heart and maintain already normal cholesterol levels.

Nature's Life® Omega 3 EFA Complex is a natural source of Fatty Acids in the Omega 3 family. From deep, cold water fish, their natural body oils are extracted in a unique process that ensures the delicate nutritive value of the essential fatty acids is retained. The oils are then hermetically sealed in softgel capsules, with a naturally opaque carob coating to protect the oils from the damaging effects of ultraviolet light.

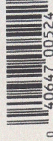
Nature's Life guarantees that NO ingredients other than those listed on this label have been added to this product. This quality Nature's Life® product meets our Quality Assurance Procedures and Good Manufacturing Practices.

Quality You Can Trust.

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