



At SoTru, we source the finest whole superfoods on the planet, then unlock the plants full nutritional potency using the ancient art of fermentation, creating the most easily digestible and bioavailable products possible for your optimal health and vitality.[†]

SoTru Protein was formulated to provide an exceptional, organic source of vegan protein blended from Rice, Amaranth, Quinoa and Medicinal Mushrooms to support your healthful, active lifestyle.[†]

- Great-tasting, organic Chocolate flavor
- Proprietary SoTru vegan, plant protein blend
- Well balanced Amino Acid Profile
- 18 grams of hypoallergenic plant-based protein
- Promotes Energy and Satiety[†]
- Supports athletic recovery and muscular development[†]
- Supports ideal body composition and healthy weight management[†]
- Digestive enzymes and a stable probiotic for optimal gut health[†]
- Dairy-Free, Soy-Free, Gluten-Free
- Only 110 calories per serving

So Simple. So Good. SoTru.



[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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sotru[®]
FERMENTED
WHOLE FOOD
NUTRITION



ORGANIC PROTEIN

Vegan Protein Shake

CHOCOLATE

18g of Plant Protein
Per Serving



Medicinal Mushroom
Protein Blend



Fermented Fruit
& Veggie Blend



Digestive Enzymes
& Probiotics



SERVINGS

21



NET WT 20.7 OZ (1.3 LB) 588g Dietary Supplement

Suggested Use: Add one scoop to 8-16 ounces of water, almond milk, a smoothie or your favorite beverage.

Supplement Facts

Serving Size 1 Scoop (28 g)

Servings Per Container 21

	Amount Per Serving	% Daily Value
Calories	110	
Total Fat	1.5g	2%*
Total Carbohydrate	4g	1%*
Dietary Fiber	2g	8%*
Sugars	1g	
Protein	18g	

Organic Protein Blend 22.3g **
Brown Rice Protein, Quinoa, Amaranth, Mushroom Blend^{††} [Reishi, King Trumpet (*Pleurotus eryngii*), Lion's Mane (*Hericium erinaceus*), Cordyceps, Himematsutake (*Agaricus blazei*), Turkey Tails, Shiitake, Maitake], Chlorella, Spirulina

Organic Fermented Fruit & Veggie Blend 500mg **
Carrot, Cranberry, Blueberry, Apple, Broccoli, Parsley, Spinach, Kale

Digestive Blend 11mg **
Enzyme Blend (Protease, Amylase, Glucoamylase, Invertase, Diastase, Lipase), Probiotics (*Bacillus coagulans*)

*Percent Daily Values based on a 2000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Organic Alkalinized Cocoa Powder, Organic Flavors, Organic Stevia Leaf Extract, Xanthan Gum.

^{††}Fermented on Organic Oats.

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Certified Organic by **Quality Assurance International**

