

SUGGESTED USE For best results and optimum absorption, consume the contents of one packet (5 capsules) with food – preferably a complete meal. Because this product is mild and non-acidic, you can consume all five identical capsules at one time with a meal or simply divide them throughout the day with food. **For answers to questions about the use of this product call 800.800.1200.**

PROCAPS – THE ONLY CHOICE OF PROFESSIONALS. In 1979 Andrew Lessman founded a nutritional supplement manufacturing company committed to creating the world's only 100% pure, additive-free supplements to meet the exacting standards of physicians and other medical, fitness and athletic professionals. Over 30 years later, **PROCAPS LABORATORIES** continues as the only alternative to the inferior quality and additives typical of conventionally manufactured and distributed products. Today, we are proud to make directly available to you the same products that have been viewed as the first and only choice of informed nutrition and medical professionals.

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Andrew Lessman
Founder of PROCAPS LABS



QUESTIONS? RE-ORDERS?
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430 Parkson Road
Henderson, NV 89011



MEN'S LIFE Rx

COMPLETE

HIGH POTENCY VITAMINS, MINERALS & ANTI-OXIDANTS

ALL NATURAL • ULTRA MILD • ADDITIVE-FREE
GENTLE EVEN FOR SENSITIVE STOMACHS



DIETARY SUPPLEMENT



60 Perma-Fresh Packets™ • 300 Easy-to-Swallow Capsules

NEW PERMA-FRESH PURPLE PACKETS • MOISTURE OXYGEN UV PROTECTION

Men's COMPLETE LIFE Rx is the original, and now, the most advanced member of **Andrew Lessman's Life Rx** family of formulas, which are the world's only 100% pure multi-vitamin-mineral supplements containing *only* the nutrients listed on the label and *no binders, fillers, lubricants or other manufacturing additives*. **COMPLETE** comes as an ultra-fine powder in small, soft, easy-to-swallow capsules that, despite their high potency, are guaranteed to be gentle even to the most sensitive stomach. **COMPLETE** is designed to provide all the benefits you seek from a multi-vitamin without any of the problems commonly associated with their use.

Men's COMPLETE LIFE Rx is the world's first "**All Powder**" multi-vitamin-mineral to deliver high levels of Gamma Vitamin E, along with more than 35 nutrients, including high potencies of all essential vitamins, minerals, plus ultra-high potencies of anti-oxidants and carotenoids. By creating an **All Powder** formula, new **COMPLETE LIFE Rx** becomes the mildest high potency formula possible. It now provides 1,600 IU of Vitamin D3, along with high levels of all the B-Complex vitamins, including 500 mcg of Biotin and 250 mcg of our specially protected Vitamin B-12, plus 1,000 mg of non-acidic Vitamin C, along with the powerful protection of key carotenoids, including Lutein (2,000 mcg), Lycopene (2,000 mcg), hard-to-find Zeaxanthin (1,000 mcg) and Astaxanthin (500 mcg). Unlike many men's formulas, we do not ignore the requirements of a man's skeleton, so **COMPLETE LIFE Rx** also delivers high levels of super soluble forms of Calcium and Magnesium, along with 1,600 IU of Vitamin D3, the nutrients men need most to protect and build their skeleton. Experts agree that the most protective form of Vitamin E is Gamma Tocopherol, yet unfortunately, virtually all other multi-vitamins and typical separate Vitamin E products contain only the less protective Alpha form of Vitamin E and none of the superior Gamma form at all. That alone makes our **COMPLETE LIFE Rx** totally unique; however, our latest Vitamin E innovation makes **Men's COMPLETE LIFE Rx** unlike any other multi-vitamin in the world, since no other formula delivers all four forms of Vitamin E with ultra-high levels of all-important Gamma Tocopherol and does so in an ultra-mild **All Powder** form ensuring that **Men's COMPLETE LIFE Rx** is the most gentle high-potency formula possible.

Men's COMPLETE LIFE Rx does not employ difficult to digest tablets or oil-based capsules and instead comes as a mild, pure, additive-free powder in small, soft, easy-to-swallow capsules. The ultra-fine, non-acidic powder in each capsule most efficiently delivers its benefits while also being gentle even to the most sensitive stomach. Most importantly, unlike typical one-pill-per-day multi-vitamins that *never* deliver the levels a man truly requires, **Men's COMPLETE LIFE Rx** provides a comprehensive list of essential vitamins, minerals and carotenoids at the potency levels respecting the scientific research and the needs of men.



THE PERFECT PACKET.
The New Perma-Fresh Purple Packet. The Only Packet Worthy of Our 100% Pure Products.

Our new **Purple Packet** is our most advanced packet ever, offering you even more protection than our original **Perma-Fresh Foil Packet**. To retain potency, vitamins must be protected from light, moisture and oxygen and the ordinary clear packets used with typical vitamins fail miserably to do so. Our newly developed **Purple Packets** are constructed from multiple layers of specialized materials to safeguard your vitamins from damaging light, moisture and oxygen. For decades, our **Perma-Fresh Foil Packet** set the standard for vitamin protection and today, our new **Perma-Fresh Purple Packet** takes that protection to even higher levels, giving the world's finest vitamins the special protection they deserve.

Supplement Facts			Serving Size 1 Packet (5 Powder Capsules)
			Servings Per Container 60
Amount Per Packet		%DV*	
Vitamin A (as alpha and beta carotene)	5,000 IU	100%	
Vitamin C (as calcium ascorbate/ascorbyl palmitate)	1 g (1,000 mg)	1667%	
Vitamin D3 (as cholecalciferol)	1,600 IU	400%	
Vitamin E (total natural tocopherols)	300 mg		
as natural gamma tocopherol	200 mg		
as natural alpha tocopherol	120 IU	80 mg	400%
as natural delta/beta tocopherol	20 mg		
Vitamin B1 (as thiamin hydrochloride)	25 mg	1667%	
Vitamin B2 (as riboflavin)	25 mg	1471%	
Niacin (as niacinamide/chromium nicotinate)	25 mg	125%	
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1250%	
Folic Acid	400 mcg	100%	
Vitamin B12 (as cyanocobalamin)	250 mcg	4167%	
Biotin	500 mcg	167%	
Pantothenic Acid (as calcium pantothenate)	25 mg	250%	
Calcium (as ascorbate/citrate)	250 mg	25%	
Magnesium (as magnesium oxide)	100 mg	25%	
Zinc (as zinc citrate)	30 mg	200%	
Selenium (as methionate/sodium selenite)	200 mcg	286%	
Copper (as copper citrate)	2 mg	100%	
Manganese (as manganese citrate)	1 mg	50%	
Chromium (as chromium nicotinate)	200 mcg	167%	
Molybdenum (as molybdenum glycinate)	75 mcg	100%	
Boron (as boron glycinate)	300 mcg	†	
Vanadium (as vanadyl sulfate)	50 mcg	†	
Lutein	2 mg (2,000 mcg)	†	
Lycopene	2 mg (2,000 mcg)	†	
Zeaxanthin	1 mg (1,000 mcg)	†	
Astaxanthin	500 mcg	†	
Branched Chain Amino Acid Complex (Leucine, Valine)	50 mg	†	
Silicon (as silicon dioxide/Soluble Organic Silicon- SOS)	10 mg	†	
* % Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established.			Other Ingredients: Gelatin capsule.
			NO ADDITIVES.