

Do not accept if seal is broken. Product No. 6427
Store between 59°-86° F. Keep out of the reach of children.

A B-Complex providing essential nutrients and coenzymes.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, corn, wheat, soy, gluten, milk, sugar, starch, or artificial color.



American Vegetarian Association

Certified



Gluten-Free



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Country Life

101 Corporate Drive, Hauppauge, NY 11788

www.countrylifevitamins.com

Lot No:

10J660B
11/13

Best by:



B VITAMINS

HI-POTENCY MAXI B-CAPS

With Taurine

90 Vegetarian Capsules
Dietary Supplement

Certified



Gluten-Free

Country Life[®]

**NOW WITH
COENZYMATED
B VITAMINS!**

Directions: Adults take one (1) capsule daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving		% Daily Value
Thiamin (vitamin B-1) (as thiamine hydrochloride, thiamine cocarboxylase)	25 mg	1,667%
Riboflavin (vitamin B-2) (as riboflavin, riboflavin 5' phosphate)	25 mg	1,471%
Niacin (as niacinamide & niacin)	50 mg	250%
Vitamin B-6 (as pyridoxine hydrochloride, pyridoxine <i>alpha</i> -ketoglutarate, pyridoxal 5' phosphate)	63.75 mg	3,188%
Folic Acid	800 mcg	200%
Vitamin B-12 (as dibenzoyide)	500 mcg	8,333%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate, pantethine)	200 mg	2,000%
Inositol	100 mg	*
Taurine (free form)	100 mg	*
Choline (from 100 mg choline bitartrate)	46 mg	*
PABA (<i>para</i> -aminobenzoic acid)	25 mg	*

* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), magnesium stearate, silica, sorbitol.