

Compare vs. Centrum® Silver® Women 50+†



women 50+ multivitamin tablets

- Supports bone health*
- Supports immune health*
- Supports heart health*



actual size

**400
Tablets**
**dietary
supplement**

100% MONEY BACK GUARANTEE
SUPERIOR QUALITY AND PERFORMANCE
We would like to hear from you with any comments or suggestions. In the continental U.S. or Canada, you can call us at 1-888-698-5034 from 8:30 a.m. to 5:00 p.m. EST Monday - Friday.



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin A (43% as beta-carotene) 3500 IU	70%
Vitamin C 100 mg	167%
Vitamin D ₃ 800 IU	200%
Vitamin E 35 IU	117%
Vitamin K 50 mcg	63%
Thiamin 1.1 mg	73%
Riboflavin 1.1 mg	65%
Niacin 14 mg	70%
Vitamin B ₆ 5 mg	250%
Folate 400 mcg	100%
Vitamin B ₁₂ 50 mcg	833%
Biotin 30 mcg	10%
Pantothenic Acid 5 mg	50%
Calcium 300 mg	30%
Iron 8 mg	44%
Phosphorus 20 mg	2%
Iodine 150 mcg	100%
Magnesium 100 mg	25%
Zinc 15 mg	100%
Selenium 22 mcg	31%
Copper 0.5 mg	25%
Manganese 2.3 mg	115%
Chromium 52 mcg	43%
Molybdenum 50 mcg	67%
Chloride 72 mg	2%
Potassium 80 mg	2%
Nickel 5 mcg	**
Silicon 2 mg	**
Vanadium 10 mcg	**
Lutein 300 mcg	**

**Daily Value not established.

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Ascorbic Acid, Dicalcium Phosphate, Microcrystalline Cellulose, d-Alpha Tocopheryl Acetate, Croscarmellose Sodium, Ferrous Fumarate, Hydroxypropyl Methylcellulose, Zinc Oxide, Titanium Dioxide, Nicotinamide, Magnesium Stearate, Polyvinyl Alcohol, Cholecalciferol, Polyethylene Glycol, Retinyl Acetate, Cyanocobalamin, Polydextrose, D-Calcium Pantothenate, Pyridoxine Hydrochloride, Manganese Sulfate, Beta-Carotene, Folic Acid, Silicon Dioxide, Maltodextrin, Lutein, Biotin, Talc, Thiamine Mononitrate, Phytonadione, Riboflavin, Cupric Sulfate, Potassium Iodide, Chromium Piccolinate, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum, FD&C Red No. 40 Lake, Sodium Molybdate, FD&C Blue No. 2 Lake, Sodium Selenite, FD&C Yellow No. 6 Lake, Sodium Metavanadate, Nickel Sulfate. May contain carboxymethylcellulose sodium, d-alpha tocopherol, DL-tartaric acid, gelatin, glucose, gum arabic, mannitol, medium chain triglycerides, phytol, sodium ascorbate, starch, sucrose.

Suggested Use: Adults – One tablet daily with food as a dietary supplement.

Supports heart health with Vitamins B₆, B₁₂ and Folic Acid*
Calcium, Vitamin D₃ and Magnesium for strong healthy bones*
Antioxidants for immune support*
B Vitamins help promote energy levels*
Lutein and Vitamins A, C, and E help support vision*

Keep out of the reach of children. Store at 15° - 30°C (59° - 86°F).

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing.

NO ARTIFICIAL FLAVORS • NO GLUTEN • NO LACTOSE • NO TRANS FAT

*Centrum® Silver® are registered trademarks of Wyeth Holdings Corporation.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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SAM'S WEST, INC.
BENTONVILLE, AR 72716



BEST IF USED BY:

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