

SUGGESTED USE For best results, consume the contents of one packet daily with food – preferably a complete meal. You can consume all ten identical capsules with your largest meal of the day or divide them up to be consumed throughout the day with food. **For answers to questions about the use of this product call 800.800.1200.**

PROCAPS LABORATORIES
THE ONLY CHOICE OF PROFESSIONALS.
In 1979, Andrew Lessman founded a nutritional supplement manufacturing company committed to creating the world's only additive-free supplements to meet the exacting standards of medical, fitness and athletic professionals. More than 30 years later, **PROCAPS LABORATORIES** continues as the only alternative to the marginal quality and the additives typical of ordinary products. Today, we are proud to offer you the same products that have long been viewed as the only choice of informed professionals.

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MEN'S LIFE Rx

ANDREW LESSMAN'S

FOUNDER'S

THE MOST COMPREHENSIVE ULTRA-HIGH ANTI-OXIDANT
MULTI-VITAMIN-MINERAL-CAROTENOID FORMULA

— MORE THAN 50 INGREDIENTS —





30 Perma-Fresh Packets™ • 300 Easy-to-Swallow Capsules

Andrew Lessman's FOUNDER'S LIFE Rx is my personal multi-vitamin and the most comprehensive of all my formulas. One look at its **Supplement Facts** demonstrates its uniquely comprehensive nature. It contains an unequalled list of more than 50 ingredients at their research-required potencies and is 100% pure, containing *only* the nutrients listed on the label and *no manufacturing additives of any kind*. **FOUNDER'S LIFE Rx** is produced entirely with solar energy making it also healthy for our planet. This formula comes as an ultra-fine powder in small, easy-to-swallow capsules that are gentle to your stomach. **FOUNDER'S LIFE Rx** provides all the benefits you seek without the problems of typical multi-vitamins.

FOUNDER'S LIFE Rx is the world's first **All-Powder** multi-vitamin to deliver high levels of **Gamma Vitamin E**, along with more than 50 other nutrients, including high potencies of all essential vitamins, minerals, carotenoids, phytonutrients and anti-oxidants. Experts agree that the most protective form of Vitamin E is **Gamma Tocopherol**, yet virtually all other multi-vitamins contain only the less protective Alpha form. **FOUNDER'S LIFE Rx** also provides high levels of the full B-Complex, including 2,000 mcg of **Biotin** and 500 mcg of our protected **Vitamin B-12**, plus 1,000 mg of non-acidic **Vitamin C** and the protection of hard-to-find **Lutein** (8,000 mcg), **Lycopene** (8,000 mcg) and even **Zeaxanthin** (4,000 mcg) and **Astaxanthin** (1,000 mcg). **FOUNDER'S LIFE Rx** also delivers high levels of soluble forms of **Calcium** and **Magnesium**, along with 2,000 IU of **Vitamin D3**.

Beyond vitamins, minerals and carotenoids, **FOUNDER'S LIFE Rx** also delivers exceptional potencies of fifteen other key ingredients, including **Andrew's Five Favorites** and ten powerful extracts from fruits, berries, spices and cruciferous vegetables, including **Bilberry**, **Blueberry**, **Curcumin**, **Broccoli**, **Wasabi**, **Mustard Seed**, **Pine Bark**, **Grape Seed**, **Citrus Bioflavonoid** and **Apple Extracts**. Each of these standardized ingredients has been the subject of extensive clinical study establishing their health benefits.

FOUNDER'S LIFE Rx includes **Andrew's Five Favorites**: **CoQ10**, **ALA**, **Resveratrol**, **EGCG** and **Pomegranate**: **Coenzyme Q-10 (CoQ10) and TruQ10 – 600 mg**. The first ingredient to add to any vitamin regimen, **CoQ10** is required for all energy production and is also a powerful anti-oxidant. We provide 500 mg of **CoQ10 (Ubiquinone)**, plus 100 mg of our exclusive **TruQ10 (Ubiquinol)**. Together these two natural forms of **CoQ10** offer the most comprehensive protection possible. **CoQ10** and **TruQ10** are required at high levels to keep all our vital organs functioning at their best and sadly, **CoQ10** and **TruQ10** levels decrease with age, stress, prescription drugs, poor diet and physical activity.

Alpha Lipoic Acid (ALA) – 500 mg. Because it is uniquely both water and fat soluble, **ALA** is called the "Universal Anti-Oxidant." This unique solubility allows it to go "everywhere" in your body protecting hard-to-reach tissues from oxidative damage. Even more important is its role in the creation of our body's most powerful internal anti-oxidant – Glutathione. Like **CoQ10**, our levels of **ALA** decline with age, stress and the use of certain medications.

Resveratrol – 100 mg. Only recently available in a high potency, natural form, **Resveratrol** is currently the subject of extensive scientific research. **Resveratrol** is behind the benefits of Red Wine and the Mediterranean diet and our 100 mg potency is the equivalent of more than 200 glasses of Red Wine. **Resveratrol** offers powerful protection to heart and brain; however, it is **Resveratrol's** impact on our genes that places it at the forefront of anti-aging research.

Epigallocatechin Gallate (EGCG) – 200 mg. Green Tea combines thousands of years of traditional use with decades of compelling science. Our unique Green Tea Extract provides ultra-high levels of Polyphenols, including Green Tea's most protective molecule - **EGCG**. **EGCG** enhances the activity of our body's internal anti-oxidants and is vital to our liver's cleansing systems while also providing powerful protection to the delicate tissues of our brain, heart, prostate and skin.

Supplement Facts			Serving Size 1 Packet (10 Capsules) • Servings Per Container 30	
Amount Per Packet		%DV*	Amount Per Packet	%DV*
Vitamin A (as natural alpha/beta carotene)	5,000 IU	100%	Lutein	8 mg (8,000 mcg) †
Vitamin C (as calcium ascorbate/palmitate)	1,000 mg	1667%	Lycopene	8 mg (8,000 mcg) †
Vitamin D3 (as cholecalciferol)	2,000 IU	500%	Zeaxanthin	4 mg (4,000 mcg) †
Vitamin E (as total natural tocopherols)	300 mg		Astaxanthin	1 mg (1,000 mcg) †
as natural gamma tocopherol	200 mg		Alpha Lipoic Acid	500 mg †
as natural alpha tocopherol	120 IU (80 mg)	400%	Total CoQ10 and TruQ10	600 mg †
as natural delta/beta tocopherol	20 mg		as Coenzyme Q-10 (Natural Ubiquinone)	500 mg
Vitamin B1 (as thiamin hydrochloride)	25 mg	1667%	as TruQ10 (Natural Ubiquinol - Activated CoQ10)	100 mg
Vitamin B2 (as riboflavin)	25 mg	1471%	Green Tea, extract (leaf) standardized to 98% polyphenols	400 mg †
Niacin (as niacinamide/chromium nicotinate)	25 mg	125%	Epigallocatechin Gallate (EGCG) (Green Tea Leaf extract)	200 mg †
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1250%	Pomegranate , extract (fruit)	200 mg †
Folic Acid	400 mcg	100%	standardized to 40% Punicalagins/40% Ellagic Acid	
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%	Resveratrol (from <i>Polygonum cuspidatum</i> (root) extract)	100 mg †
Biotin	2,000 mcg	667%	Citrus Bioflavonoid Complex, (fruit) 80% bioflavonoids	100 mg †
Pantothenic Acid (as calcium pantothenate)	25 mg	250%	Bilberry, extract (fruit) standardized to 25%/10% anthocyanins	100 mg †
Calcium (as ascorbate/malate/carbonate)	250 mg	25%	Blueberry, extract (fruit) standardized to 12.5% anthocyanins	50 mg †
Magnesium (as magnesium oxide)	100 mg	25%	Apple, extract (fruit) standardized to 75% polyphenols	50 mg †
Zinc (as zinc citrate)	30 mg	200%	Broccoli, extract (sprout/seed)	50 mg †
Selenium (as methionate/sodium selenite)	200 mcg	286%	standardized to 1.2% sulforaphane glucosinolate	
Copper (as copper citrate)	2 mg	100%	Pine Bark, (extract) 83-95% proanthocyanidins/75% polyphenols	50 mg †
Manganese (as manganese citrate)	1 mg	50%	Grape Seed, extract (seed) standardized to 90% polyphenols	50 mg †
Chromium (as chromium nicotinate)	200 mcg	167%	Wasabi, extract (root) standardized to 1.2% glucosinolates	50 mg †
Molybdenum (as molybdenum glycinate)	75 mcg	100%	Mustard Seed, extract (seed) standardized to 20% glucosinolates	50 mg †
Boron (as boron glycinate)	300 mcg	†	Turmeric, extract (root) standardized to 95% curcuminoids	50 mg †
Vanadium (as vanadyl sulfate)	50 mcg	†	Branched Chain Amino Acids (Leucine, Valine)	50 mg †
* Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established. Other Ingredients: Gelatin capsule. NO ADDITIVES.				

Pomegranate (40% Ellagic Acid/40% Punicalagins) – 200 mg. A folk remedy for centuries, Pomegranate was referred to as the "sacred fruit" and scientists have confirmed its unique properties. Unfortunately, virtually all other Pomegranate products are not standardized to deliver its key beneficial compounds whereas our **Pomegranate 40:40 Complex** delivers high levels of **Punicalagins** and **Ellagic Acid** thereby ensuring all the benefits without the sugar and calories of Pomegranate juice.

FOUNDER'S LIFE Rx delivers all the nutrients you seek *without* employing difficult to digest tablets or oil-based capsules. It comes as an ultra-mild, pure, additive-free powder in small, easy-to-swallow capsules. Unlike typical one-pill-per-day multi-vitamins that cannot deliver everything a man truly requires, **FOUNDER'S LIFE Rx** provides the most comprehensive list of essential vitamins, minerals, carotenoids and phytonutrients at levels respecting the research and the needs of men. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent disease.

THE PERFECT PACKET.

THE NEW PERMA-FRESH PURPLE PACKET.

Our new **Purple Packet** is our most advanced packet ever. Vitamins must be protected from light, moisture and oxygen to retain their potency and ordinary clear packets are unable to do so. Our newly developed **Purple Packets** are made from multiple layers of specialized materials to safeguard the potency of your vitamins. Our new **Perma-Fresh Purple Packet** provides the world's finest vitamins the exceptional protection they deserve.

