

# Supports Heart Health\*

200 mg



# Co Q-10

- One softgel daily
- Beneficial for those taking statin drugs\*



actual size

150  
Softgels

dietary  
supplement

Health  
Benefits



Heart\*



Wellness\*

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Calories 5	
Calories from Fat 5	
Total Fat 0.5 g	< 1% **
Coenzyme Q-10 200 mg	***

\*\* Percent Daily Values are based on a 2,000 calorie diet.

\*\*\* Daily Value not established.

**INGREDIENTS:** Soybean Oil, Coenzyme Q-10 (Ubidecarenone), Gelatin, Glycerin, Purified Water USP, Titanium Dioxide, Lecithin, Annatto. **Contains: Soy.**

**Suggested Use:** Adults – One softgel daily with food as a dietary supplement.

**Keep out of the reach of children.**

Store at 15°- 30°C (59°- 86°F).

**Warning:** Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

**NO ARTIFICIAL DYES OR FLAVORS • NO SUGAR  
NO GLUTEN • NO LACTOSE**

**Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing.**

**Nutrition Information:** Coenzyme Q-10 is a powerful antioxidant that is a necessary nutrient for cell function in the body and has been shown in clinical research to have heart health benefits.\*

Statins (cholesterol-lowering drugs) reduce the natural production of Co Q-10. Statin-induced Co Q-10 deficiency can be prevented with supplemental Co Q-10. Coenzyme Q-10 is not intended to serve as a replacement for statin therapy, nor should you discontinue taking any prescribed medications while supplementing with Coenzyme Q-10.\* Consult your healthcare practitioner.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**GLUTEN  
FREE**



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We would like to hear from you with any comments or suggestions. In the continental U.S. or Canada, you can call us at 1-888-698-5034 from 8:30 a.m. to 5:00 p.m. EST Monday - Friday.