

Help Fin Find His Sister, Star!

Draw a line starting at
Fin and follow the maze
until you find Star!

Fin



Star



Dietary Supplement

DOLPHIN PALS

MULTIVITAMIN & MINERAL



**All
NATURAL
SWEETENERS**

**3
Great
Flavors**

**Complete
B-Vitamin
Profile**



**No Artificial Flavors
90 Sour Gummy Dolphins**

Kids flip over the sour gummy taste of Dolphin Pals!

It's a great way for parents to provide the daily
nutrition that is so vital to growing children!

Dolphin Pals are all natural, and provide gentle
levels of essential vitamins and minerals.

Dolphin Pals contain a full spectrum vitamin and
mineral profile, including vitamins B-1, B-2 and
B-3. Most gummy vitamins do not contain these
essential B-vitamins because of their unpleasant
taste. Country Life has developed a process that
effectively masks the vitamin taste while
simultaneously lowering sugar content.

A kid's multi without all of the B-vitamins is not a
complete multi. The B-vitamins support energy
metabolism and many other essential functions
in the body.

Dolphin Pals offer vitamins and minerals that
your child needs - with a taste that's great!***

*** These statements have not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat, cure or
prevent any disease.

Directions: Adults, give child (4 years+) three (3) dolphin chews once per day as a multivitamin
and mineral supplement. Do not exceed recommended dose. As a reminder, discuss the
supplements and medications that you and your children take with your health care providers.

Supplement Facts

Serving Size 3 gummy dolphins (9g) Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	30	
Total Carbohydrate	7 g	2%*
Sugars	5 g	**
Vitamin A (as 50% retinyl palmitate and 50% as mixed carotenoids)	1,106 I.U.	22%
Vitamin C (as calcium ascorbate)	35 mg	58%
Vitamin D (as ergocalciferol)	176 I.U.	44%
Vitamin E (as d-alpha tocopheryl acid succinate)	4.4 I.U.	15%
Thiamin (vitamin B-1)(as thiamine hydrochloride)	0.3 mg	20%
Riboflavin (vitamin B-2) (as riboflavin)	0.35 mg	21%
Niacin (as niacinamide)	3.9 mg	20%
Vitamin B-6 (as pyridoxine hydrochloride)	0.3 mg	15%
Folic Acid	88 mcg	22%
Vitamin B-12 (as cyanocobalamin)	1.78 mcg	30%
Biotin (as d-Biotin)	44 mcg	15%
Pantothenic Acid (as d-calcium pantothenate)	1.7 mg	17%
Calcium (as dicalcium phosphate, calcium ascorbate)	13 mg	1%
Phosphorus (as dicalcium phosphate)	7 mg	<1%
Iodine (as potassium iodide)	44 mcg	29%
Magnesium (as magnesium citrate)	6.5 mg	2%
Zinc (as zinc citrate)	4.4 mg	29%
Selenium (as L-selenomethionine)	17.6 mcg	25%
Copper (as copper citrate)	88 mcg	4%
Manganese (as manganese citrate)	0.88 mg	44%
Chromium (as chromium nicotinate)	44 mcg	37%
Sodium	10 mg	<1%
Potassium (as potassium citrate, potassium iodide)	22 mg	<1%
Choline (as choline bitartrate)	88 mg	**
Inositol	44 mg	**
Vanadium (as BGOV [bis-glycinato oxovanadium])	8.8 mcg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Organic sugar, tapioca syrup, pectin, citric acid, fumaric acid, natural
flavors, black carrot juice concentrate (color), purple berry concentrate (color), annatto
(color), maltodextrin.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult
your doctor before using this product. If any adverse reactions occur, stop taking the
product and consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, egg, artificial flavors, or salicylates.

Natural Flavors

Do not accept if seal is broken. Store between 59°-86° F.
Keep out of the reach of children.

Not recommended for children under four years of age.

ChromMate® is licensed under U.S. Patent Nos. 4,923,855; 4,954,492; and 5,194,615.



CHROMEMATE

Manufactured for: Country Life
101 Corporate Drive, Hauppauge, NY 11788
www.countrylifevitamins.com

