

Omega Swirl is an Omega-3 Sensation! Now everyone can enjoy the benefits of Omega-3 without the oily taste and texture or swallowing large capsules. It is the perfect solution for the whole family!

- Freshest, Best-Tasting & Most Nutritious Naturally!
- Made with 100% Organic, cold pressed Flax Oil
- All Natural Fruit Flavor
- Just 1 Tbsp Daily = 2620 mg Omega-3
- Naturally Sweetened with **Spry** xylitol
- Gluten free

New Omega Swirl looks and tastes like a fruit smoothie, yet provides optimal levels of vital and essential Omega-3 to bring you vibrant health and energy.

SUGGESTED USE:

Adult dosage: 1-2 Tbsp. daily.
Child's dosage (4 yrs. and older): 1 Tbsp. daily. Can be taken straight or mixed into beverages, oatmeal or dressings.
Refrigerate for quality.

SHAKE WELL.

Keep out of reach of children.

Do not give to pets



100% SATISFACTION GUARANTEED

Bruce Barlean

FRESHNESS DATING

CREATED ON FRESHEST BEFORE
NOV-10-11 MAY-10-12 188

ESTD 1989



Strawberry Banana

Omega Swirl

OMEGA-3 **Flax Oil** SUPPLEMENT

Smoothie
Taste
and
Texture

100%
Vegan

Tastes Great!

NET WT. 8 OZ / 227 g

Supplement Facts

Serving Size 1 Tbsp (15 ml)

Servings Per Container 15

Amount Per Serving

Calories 65 Calories from Fat 45

% Daily Value*

Total Fat 5 g	8%
Saturated Fat .5 g	2%
Trans Fat 0 g	†
Polyunsaturated Fat 3 g	†
Monounsaturated Fat 1 g	†
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 5 g	2%
Sugars 0 g	†
Omega-3 Polyunsaturated Fat	
Alpha-Linolenic Acid (LNA) 2,620 mg	164%
Omega-6 Polyunsaturated Fat	
Linoleic Acid (LA) 760 mg	†
Omega-9 Monounsaturated Fat	
Oleic Acid 850 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

INGREDIENTS: Organic flaxseed oil, water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, vegetable juice (for color) and ascorbyl palmitate to ensure freshness.

For more information please contact:

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