

**BARLEAN'S ULTRA HIGH POTENCY
OMEGA SWIRL HAS THE TASTE AND
TEXTURE OF A KEY LIME PIE!**

Now with over 2,000 mg of vital and essential Omega-3s per serving, everyone can enjoy the benefits of a super-charged dose of Omega-3 without the fishy taste and oily texture.

- Freshest, Healthy and Nutritious
- Great tasting, all Natural Fruit Flavor
- Made with Barlean's premium Fresh Catch® Molecularly Distilled Fish Oil
- 1,500 mg of EPA/DHA per Serving
- 5-times the Potency of Fish Oil Capsules
- Gluten free

CLINICALLY PROVEN:
Barlean's Omega Swirl is
clinically proven to be
9 times more absorbable
than typical fish oil.

PURITY GUARANTEED: Third party
laboratory tested - free of harmful
environmental contaminants.

SUGGESTED USE: 1 Tbsp. daily. Can be
taken straight or mixed into juice, yogurt,
oatmeal, cottage cheese or blended
beverages. Refrigerate for quality.

SHAKE WELL.

Keep out of reach of children.
Do not give to pets.

100% SATISFACTION GUARANTEED

Bruce Barlean

FRESHNESS DATING

CREATED ON

FRESHEST BEFORE

MAR-16-12 SEP-16-12

ESTD 1989



Key Lime

Omega Swirl

OMEGA-3 Fish Oil SUPPLEMENT

**ULTRA HIGH
POTENCY**

**EPA/DHA
1,500 mg
PER SERVING**

**Smoothie Taste
and Texture**

**Superior
Bioavailability**

NET WT. 16 OZ / 454 g

Supplement Facts

Serving Size 1 Tbsp. (15 mL)

Servings Per Container 29

Amount Per Serving	% Daily Value
Calories 60	
Calories from Fat 50	
Total Fat 5 g	8%*
Saturated Fat 1.5 g	8%*
Trans Fat 0 g	†
Polyunsaturated Fat 2 g	†
Monounsaturated Fat 1 g	†
Cholesterol 35 mg	12%
Sodium 0 mg	0%
Total Carbohydrate 5 g	2%*
Sugars 0 g	†
Vitamin A 3 IU	<1%
Vitamin E 6 IU	20%

Omega-3 Polyunsaturated Fat

Eicosapentaenoic Acid (EPA) 910 mg	†
Docosahexaenoic Acid (DHA) 590 mg	†
Docosapentaenoic (DPA) 120 mg	†
Alpha-Linolenic Acid (LNA) 50 mg	†
Other Omega-3 Fatty Acids 370 mg	†

*Percent Daily Values (DV) are based on a
2,000 calorie diet.

†Daily Value not established.

INGREDIENTS: Fish oil (Anchovy, Sardine and
/or Mackerel), water, xylitol, glycerine, gum
arabic, natural key lime flavor, citric acid,
xanthan gum, guar gum, Vitamin E (as d-alpha
tocopherol), ascorbyl palmitate, turmeric.

For more information please contact:

Barlean's Organic Oils

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