

Omega Swirl is an Omega-3 Sensation! Now everyone can enjoy the benefits of Omega-3 without the fishy taste and oily texture or swallowing large capsules. It is the perfect solution for the whole family!

- Freshest, Best-Tasting & Most Nutritious
- Clinically proven 9 times more absorbable than regular fish oil
- Made with Barlean's Fresh Catch® Pharmaceutical Grade fish oil
- Over 1000 mg of Omega-3 per serving
- Vitamin D₃ - 400 IU per serving
- All Natural Fruit Flavor • Gluten free
- Naturally Sweetened with *Spry*, xylitol

New Omega Swirl looks and tastes like a fruit smoothie, yet provides optimal levels of vital and essential Omega-3 EPA/DHA to bring you vibrant health and energy.

PURITY GUARANTEED - third party laboratory tested to ensure the elimination of harmful environmental contaminants.

SUGGESTED USE:

Adult dosage: 2-6 tsp. daily.
Child's dosage (4 yrs. and older): 1 tsp. daily.
Can be taken straight or mixed into beverages, yogurt, oatmeal, ice cream or dressings.
Refrigerate for quality.

SHAKE WELL.

Keep out of reach of children.
Do not give to pets

100% SATISFACTION GUARANTEED

Bruce Barlean
FRESHNESS DATING

CREATED ON FRESHEST BEFORE
NOV-16-11 MAY-16-12 15

ESTD 1989



Mango Peach

Omega Swirl

OMEGA-3 Fish Oil SUPPLEMENT

Smoothie
Taste and
Texture

NOW WITH
VITAMIN D
400 IU PER SERVING

EPA/DHA
720 mg
Per Serving

Tastes Great!

NET WT. 8 OZ / 227 g

Supplement Facts

Serving Size 2 tsp. (10 ml)
Servings Per Container 21

Amount Per Serving	
Calories 45	Calories from Fat 30
	% Daily Value*
Total Fat 3 g	5%
Saturated Fat 1 g	5%
Trans Fat 0 g	†
Polyunsaturated Fat 1 g	†
Monounsaturated Fat 1 g	†
Cholesterol 10 mg	3%
Sodium 0 mg	0%
Total Carbohydrate 4 g	1%
Sugars 0 g	†
Vitamin A 340 IU	7%
Vitamin E 4 IU	13%
Vitamin D ₃ (as cholecalciferol) 400 IU	100%
Omega-3 Polyunsaturated Fat	
Eicosapentaenoic Acid (EPA) 360 mg	†
Docosahexaenoic Acid (DHA) 360 mg	†
Alpha-Linolenic Acid (LNA) 26 mg	†
Other Omega-3 Fatty Acids 280 mg	†
Omega-6 Polyunsaturated Fat	
Linoleic Acid (LA) 100 mg	†
Other Omega-6 Fatty Acids 100 mg	†
Omega-9 Monounsaturated Fat	
Oleic Acid 690 mg	†
Other Omega-9 Fatty Acids 140 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.

INGREDIENTS: Purified Fish Oil (Salmon Oil and/or Cod Liver Oil), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, beta carotene and vegetable juice (for color), Vitamin E (as d-alpha tocopherol), ascorbyl palmitate to ensure freshness and Vitamin D₃.

For more information please contact:

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