

Omega Swirl is an Omega-3 Sensation! Now everyone can enjoy the benefits of Omega-3 without the fishy taste and oily texture or swallowing large capsules. It is the perfect solution for the whole family!

- Freshest, Best-Tasting & Most Nutritious
- Clinically proven 9 times more absorbable than regular fish oil
- Made with Barlean's Fresh Catch® Pharmaceutical Grade fish oil
- Over 1000 mg of Omega-3 per serving
- All Natural Fruit Flavor
- Naturally Sweetened with **Spry** xylitol
- Gluten free

New Omega Swirl looks and tastes like a fruit smoothie, yet provides optimal levels of vital and essential Omega-3 EPA/DHA to bring you vibrant health and energy.

PURITY GUARANTEED - third party laboratory tested to ensure the elimination of harmful environmental contaminants.

SUGGESTED USE:

Adult dosage: 2-6 tsp. daily.
 Child's dosage (4 yrs. and older): 1 tsp. daily.
 Can be taken straight or mixed into beverages, yogurt, oatmeal, ice cream or dressings.
 Refrigerate for quality.

SHAKE WELL.

Keep out of reach of children.
 Do not give to pets



100% SATISFACTION GUARANTEED

Bruce Barlean
 FRESHNESS DATING

CREATED ON FRESHEST BEFORE
 JUN-15-11 DEC-15-11 124

ESTD 1989

BARLEAN'S
 ORGANIC OILS



Lemon Zest

Omega Swirl

OMEGA-3 Fish Oil SUPPLEMENT

Smoothie
 Taste
 and
 Texture

EPA/DHA
 720 mg
 Per Serving

Tastes Great!

NET WT. 16 OZ / 454 g

Supplement Facts

Serving Size 2 tsp. (10 ml)
 Servings Per Container 43

Amount Per Serving		% Daily Value*
Calories 45	Calories from Fat 30	
Total Fat 3 g		5%
Saturated Fat 1 g		5%
Trans Fat 0 g		†
Polyunsaturated Fat 1 g		†
Monounsaturated Fat 1 g		†
Cholesterol 10 mg		3%
Sodium 0 mg		0%
Total Carbohydrate 4 g		1%
Sugars 0 g		†
Vitamin A 340 IU		7%
Vitamin E 4 IU		13%

Omega-3 Polyunsaturated Fat		
Eicosapentaenoic Acid (EPA)	360 mg	†
Docosahexaenoic Acid (DHA)	360 mg	†
Alpha-Linolenic Acid (LNA)	26 mg	†
Other Omega-3 Fatty Acids	280 mg	†
Omega-6 Polyunsaturated Fat		
Linoleic Acid (LA)	100 mg	†
Other Omega-6 Fatty Acids	100 mg	†
Omega-9 Monounsaturated Fat		
Oleic Acid	690 mg	†
Other Omega-9 Fatty Acids	140 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
 †Daily Value not established.

INGREDIENTS: Purified Fish Oil (Salmon Oil and/or Cod Liver Oil), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, turmeric (for color), Vitamin E (as d-alpha tocopherol) and ascorbyl palmitate to ensure freshness.

For more information please contact:

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