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Suggested Use: Take 1 tablet twice daily, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Super B-100 Complex™ 50 TABLETS Dietary Supplement

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1) (as thiamine HCl)	100 mg	6,667%
Riboflavin (Vitamin B-2)	100 mg	5,882%
Niacin (Vitamin B-3) (as niacinamide)	100 mg	500%
Vitamin B-6 (as pyridoxine HCl)	100 mg	5,000%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1,667%
Biotin	100 mcg	33%
Pantothenic acid (as d-calcium pantothenate)	100 mg	1,000%
Calcium (as calcium carbonate)	54 mg	5%
Phosphorus (as dicalcium phosphate)	42 mg	4%
Choline (as choline bitartrate)	50 mg	†
Inositol	100 mg	†
PABA (para-aminobenzoic acid)	100 mg	†

† Daily Value not established.

OTHER INGREDIENTS: DICALCIUM PHOSPHATE, MICROCRYSTALLINE CELLULOSE, STEARIC ACID, MAGNESIUM STEARATE, CROSCARMELLOSE SODIUM, SILICON DIOXIDE, AQUEOUS FILM COATING (PURIFIED WATER, HYDROXYPROPYL METHYLCELLULOSE, POLYETHYLENE GLYCOL).

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.
3401 W. 37TH AVE. HOBART, IN 46342

