

Suggested Use: Take 1 capsule daily, with a meal, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Vitamin

B-12

Plus Iron

*Total Health Support**

100 CAPSULES

Dietary Supplement

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value	
Vitamin B-12 (as cyanocobalamin)	1000 mcg	16667%
Iron (as ferrous sulfate)	18 mg	100%

OTHER INGREDIENTS: RICE FLOUR, GELATIN CAPSULE, MAGNESIUM STEARATE VEGE GRADE.

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.

3401 W. 37TH AVE. HOBART, IN 46342



***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**



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