

TAMPER EVIDENT SEAL UNDER CAP. DO NOT USE IF BROKEN.

Colon Cleanse® Strawberry

SUGGESTED USE: Adults: For persons 150 pounds and more: 1 heaping tablespoon three times daily. For persons under 150 pounds: 1 tablespoon twice daily. Mix with 8 oz. of water, juice or your favorite beverage. Drink immediately. **Children:** (6-12 years) 1/2 the regular adult dosage.

As a means of adding fiber to your diet, Colon Cleanse Strawberry may be taken every day.

Good For Your Heart

Soluble fiber from foods such as **Psyllium Husk**, as a part of a diet low in saturated fat and cholesterol, may reduce the risk of **heart disease**. A serving of Colon Cleanse supplies 4 grams of the 7 grams of soluble fiber from Psyllium Husk necessary per day to have this effect.

Suggested use for weight management:

Take one tablespoon (approx. 7g) about half an hour before every meal, with at least 8 oz. of water, juice or your favorite beverage. Psyllium Husk **promotes a feeling of fullness**, which may help you to eat less at mealtime.* It also provides fiber that helps promote good bowel movements, which are essential for weight management.* For best results, combine Colon Cleanse whenever possible with a healthy lifestyle including sufficient exercise, a lot of water consumption and a sensible balanced diet that suits your needs.

Stevia is a non-caloric sweetener. The extract used by Health Plus® is **approximately 350 times sweeter than table sugar**.

Need something stronger? Try our Super Colon Cleanse® capsules or powder, a unique combination of Psyllium Husk with other herbs and Acidophilus. For a more thorough cleanse, please consider adding one helping of Super Colon Cleanse every night in addition to your regular helping of Colon Cleanse. Repeat approximately every 8 weeks.

In case of disposal, place in trash and avoid disposal in any plumbing system.



Sweetened with Stevia

Colon Cleanse®



• HELPS PROMOTE
DIGESTIVE HEALTH*

• HELPS SUPPORT
WEIGHT MANAGEMENT*

• GENTLE INTERNAL
CLEANSING*

36 Servings
Sugar Free
Bulk Forming Dietary Supplement

NET WT. 9 OZ. (255g.)



Established in 1981

HIGH IN FIBER

HEALTHY SWEETENER WITHOUT THE CALORIES

HELPS MAINTAIN CHOLESTEROL ALREADY WITHIN NORMAL RANGE

MADE WITH PSYLLIUM HUSK

REFRESHING STRAWBERRY FLAVOR

Supplement Facts

Serving Size: 1 Heaping Tablespoon (7g)

Servings Per Container: 36

	Amount Per Serving	%Daily Value
Calories	25	
Total Carbohydrate	6g	2%**
Dietary Fiber	5g	20%**
Soluble Fiber	4g	↑
Iron	0.8mg	4%
Psyllium Husk	7g	↑

**Percent Daily Values are based on a 2000 calorie diet
†Daily Value not established

Other Ingredients: Strawberry Flavor, Citric Acid, Tartaric Acid, Stevia Leaf Extract

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For California Residents Only. Warning: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Notice: This dietary supplement should be taken with at least a full glass of liquid. Taking this product without enough liquid may cause choking. Do not use this product if you have difficulty swallowing.

Manufactured by:

healthPLUS
HEALTHY LIVING... OBVIOUSLY inc.

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www.healthplusinc.com

STEP

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in a series of 8 body
cleansing products
from HEALTH PLUS®, Inc

COLON CLEANSE MAX Line:

For better results, include **SUPER FIBER BLEND®**, **DIGESTI CLEANSE®** and **PROBIOTIC FIBER™** in your cleansing regimen.

The next step in internal cleansing: While continuing with Colon Cleanse, also use the next 7 products in the Total Body Cleansing System:

- 2 Liver Cleanse™**
- 3 Kidney Cleanse™**
- 4 Blood Cleanse®**
- 5 Adrenal Cleanse™**
- 6 Heart Cleanse®**
- 7 Joint Cleanse™**
- 8 Prostate Cleanse™**

**ESPECIALLY HELPFUL FOR
INDIVIDUALS ON A LOW CARB DIET***

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