Omega Man's proprietary formula combines the world's purest and freshest flax oil, rare Styrian pumpkin seed oil, lignans, phospholipid and phytosterol complexes.

For Men Interested in...

- Peak Physical Fitness*
- Cellular and Sexual Health*
- Vitality and Longevity*

mega Man provides a synergy of essential Omegas and plant actives absent in multi-vitamins and scarce in today's diet, yet critical for cellular, sexual heart health, athletic performance, ful metabolism and lean muscle mass.*

SUGGESTED USE: 1-2 Tbsp. daily. Can be taken straight or mixed into salad dressings, yogurt, patmeal, cottage cheese or blended beverages. Refrigerate for quality. Freezing will extend shelf life up to one year.

SHAKE WELL. Natural settling may occur. Stirring suggested to fully disperse flax particulate.

Keep out of reach of children.

* These statements have not been evaluated by the fool and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

100% SATISFACTION GUARANTE

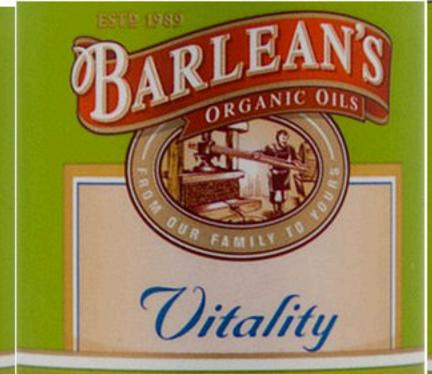
Bruce Barlean

FRESH PRESSED

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OCT 26 11

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OMEGA MAN

Men's Health & Vitality Formula

MADE WITH ORGANIC FLAXSEED OIL

STYRIAN PUMPKIN SEED OIL PHOSPHOLIPID CONCENTRATES PLANT PHYTOSTEROLS FLAX LIGNANS

12 FL.OZ / 350 ML

Supplement Facts

Serving Size 1 Tbsp (15 ml) Servings Per Container 23

Amount Per Serving

Calories from Fat 90 Calories 106

% Daily Value*

Total Fat 10 g Saturated Fat 1 g

Dietary Fiber 1 g Omega Fatty Acids 9037 mg

Omega-3 4968 mg

Omega-6 2125 mg Omega-9 1944 mg

Lignan (SDG) 10-27 mg

Phospholipid Complex 870 mg

Phosphatidylcholine 450 mg

Phosphatidylethanolamine 240 mg

Phosphatidylinositol 135 mg Phosphatidic acid 45 mg

Plant Phytosterol Complex 158 mg

Beta Sitosterol 74 mg

Campesterol 43 mg Stigmasterol 33 mg

Rosemary/Ascorbic Acid Blend 20 mg

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: Organic flaxseed oil, organic flaxseed particulate, Styrian pumpkin seed oil, phospholipid concentrates derived from soy. plant phytosterols, rosemary/ascorbic acid blend.

GMO FREE

for more information please write to:

Barlean's Organic Oils 4936 Lake Terrell Road

Ferndale, WA 98248

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