

Amount Per Serving	% DV
Garden Veggies™ Juice Powder Blend Parsley; Kale; Spinach; Wheat Grass; Brussels Sprout; Asparagus; Broccoli; Cauliflower; Beet; Carrot; Cabbage; Garlic	30 mg **
Energy & Endurance Blend Siberian Eleuthero (root); Rhodiola Rosea Extract (root) standardized to 3% rosavins and 1% salidroside; Korean Ginseng (root); Gotu Kola (stem, leaf)	30 mg **
Cardiovascular Blend with Resveratrol Hawthorn (berry); Japanese Knotweed standardized to 50% resveratrol; Coenzyme Q10 (ubiquinone)	20 mg **
Green Food/Spirulina Blend Spirulina (microalgae); Kelp/Bladderwrack (whole thallus); Alfalfa (leaf, stem); Barley Grass (grass); Dandelion (leaf); Wheat Grass (grass); Melissa (leaf); Lemon Grass (grass); Nettle (leaf); Blessed Thistle (stem, leaf, flower); Chlorella (broken-cell microalgae); Plantain (leaf); Blue Green Algae (microalgae); Cilantro (leaf)	20 mg **
Organic Mushroom Defense Blend Cordyceps; Reishi; Shiitake; Hiratake; Maitake; Yamabushitake; Himematsutake; Kewaratake; Chaga; Zhu Ling; Agarikon; Mesima	20 mg **
Digestive Enzyme Blend Concentrated enzyme formula (Protease I, Protease II, Amylase, Peptidase, Lactase, Cellulase, Alpha Galactosidase, Invertase, Lipase); Betaine HCl; Bromelain (from pineapple); Papain (from papaya)	20 mg **
Citrus Bioflavonoid Complex (from lemon, orange, grapefruit, lime, tangerine) providing: Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	20 mg **
Choline (as choline bitartrate)	20 mg **
Inositol	20 mg **
Oat Beta Glucan Concentrate	10 mg **
Rutin	5 mg **
Boron (as amino acid chelate)	1 mg **
Lutein (from marigold)	500 mcg **

**Daily Value (DV) not established.

Other ingredients: Cellulose, Vegetable stearic acid, Vegetable modified cellulose gum, Silica, Vegetable modified cellulose, Vegetable magnesium stearate, Vegetable glycerin

Contains no salt, sugar, yeast, wheat grain, dairy products, artificial flavoring, colors or preservatives.

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THE MOST COMPLETE ONCE DAILY MULTI-VITAMIN FOR MEN

Alive! Ultra Potency is nutrition you can feel with more energizing nutrients from more natural sources than other multi-vitamin brands.

- Extra B-vitamins for energy*
- 1,000 IU of vitamin D3
- Plant-based Aquamin® calcium
- Potent citrus bioflavonoids
- Prostate, Cardiovascular and Energy & Endurance support blends*



WHOLE BODY NOURISHMENT with essential nutrients that help support:

PROSTATE HEALTH* Saw Palmetto, Lycopene, Selenium, Zinc	
BONE HEALTH* Boron, Calcium, Folic Acid, Magnesium, Manganese, Vitamins D & K	COLON HEALTH* Calcium, Folic Acid, Selenium, Vitamin D
DAILY ENERGY* Magnesium, Niacin, Pantothenic Acid, Riboflavin, Thiamin, Vitamin B6	EYE HEALTH* Vitamin A (Beta Carotene), Vitamins C & E, Zinc, Lutein
HEART HEALTH* Folic Acid, Pomegranate, Resveratrol, Vitamins B6 & B12, Vitamins C & E	IMMUNE DEFENSE* Antioxidants, Selenium, Vitamins A & C, Zinc, Vitamin D

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nature's
Way

Alive!

Once Daily

Men's ULTRA POTENCY

MULTI-VITAMIN & WHOLE FOOD ENERGIZER™

26 Fruits & Vegetables • Green Foods • Mushrooms
Enzymes • Antioxidants • Lutein • Resveratrol

DIETARY SUPPLEMENT • 30 TABLETS

Recommendation: Take 1 tablet daily, preferably with food. As with any supplement, if you are taking medication, consult your doctor before use. Not formulated for women or children. Do not exceed recommended use.

Supplement Facts

Serving Size 1 Tablet / Servings Per Container 30

Amount Per Serving	% DV
Vitamin A (50% [3,750 IU] as Vitamin A acetate and 50% [3,750 IU] as beta carotene)	7,500 IU 150%
Vitamin C (ascorbic acid)	175 mg 292%
Vitamin D (as cholecalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	120 IU 400%
Vitamin K (as phytonadione)	80 mcg 100%
Thiamin (as thiamin mononitrate)	25 mg 1,667%
Riboflavin (Vitamin B2)	25 mg 1,471%
Niacin (as niacinamide)	50 mg 250%
Vitamin B6 (as pyridoxine HCl)	40 mg 2,000%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	100 mcg 1,667%
Biotin	325 mcg 108%
Pantothenic Acid (as d-calcium pantothenate)	40 mg 400%
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	100 mg 10%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant], as oxide)	50 mg 13%
Zinc (as zinc oxide)	30 mg 200%
Selenium (as sodium selenate)	250 mcg 357%
Copper (as copper sulfate)	4 mg 200%
Manganese (as manganese sulfate)	5 mg 250%
Chromium (as chromium picolinate)	250 mcg 208%
Molybdenum (as sodium molybdate)	75 mcg 100%
Potassium (as potassium chloride)	5 mg <1%
Prostate Blend with Lycopene Saw Palmetto (berry); Tomato Extract (fruit) providing 1 mg (1,000 mcg) of lycopene	105 mg **
Orchard Fruits™ Blend Pomegranate (seed); Açai Extract (whole palm fruit); Juice Powders: Grape; Plum; Cranberry; Blueberry; Strawberry; Blackberry; Bilberry; Cherry; Apricot; Papaya; Orange; Pineapple	30 mg **

SATISFACTION GUARANTEED. Safety sealed for your protection with printed outer shrinkwrap and printed inner freshness seal under bottle cap. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed. Keep out of reach of children.



LBX1 5891.02 (3650)